

**Kamla Nehru Institute of Physical & Social Sciences,
Sultanpur (U.P.)**



Report

By

Department of Physical Education

2023-24

FIT PEOPLE FIT NATION



Objective:

Department of Physical Education, KNIPSS, Sultanpur has set up following objectives-

- Sustainability of life through various programs.
- Sound mental health through physical fitness.
- To learn discipline, healthy habits & behaviour skills.
- Career orientation in sport.
- To promote sports person for participation up to State, National & Interuniversity level.

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3. Fit India Movement (Annual Sports)
4. Organization of Inter Collegiate Competition
5. Sports Week
6. Life Skill Programme
7. International Yoga Day
8. Number of sports activities/competitions organized at the Institute Level.

Physical Education is an Essential Element for all of us in modern technological age Department of Physical Education came to existence since 19 March 1979 and it is continuously progressive in nature.

A meeting was held with all the members of Sport Council of the Institute on dated 25.09.2023 at 01:00 PM in Principal Office regarding organizing Annual sports of the Institute and Intercollegiate Volleyball (W), Power lifting/weight lifting competition.

SPORTS COUNCIL OF THE INSTITUTE

Regarding successful organization and administration of Physical Education activities of the Institute Sports Council was formulated which are as follows:-

1. Prof. Alok Kumar Singh	President/Principal
2. Prof. Radhey Shyam Singh	Vice Principal
3. Prof. Praveen Kr Singh	Secretary
4. Prof. Kiran Singh	Member
5. Dr. Shalini Singh	Member
6. Dr. Shakti Singh	Member
7. Mr. Atul Kumar Singh	Member
8. Mr. Dileep Kumar Yadav	Member
9. Dr. Prashant Singh	Member
10. Dr. Subhash Chandra Yadav	Member
11. Mr. Manoj Nishad, B.Sc. Ag. VI Sem. (Students Representative)	Member
12. Mr. Adarsh Verma, B.Sc. Ag. II Sem.	Member

(1)

Formulation of Sports Calendar

A sports calendar is formulated by the department with consideration of sports calendar of Dr. R.M.L. Avadh University, Ayodhya. It covers the following aspects of Physical Education or games of sports–

1. Selection Trial of Various games
2. Coaching Camps
3. Sports Participation

(A) WORK PLAN FOR THE SESSION: 2023-24

Month/ No. of teaching days	PLAN FOR THE SESSION: 2023-24		
July 2023	Curriculum implementation	<ul style="list-style-type: none">* To prepare checklist of various services in relation to department* Verification of Sports goods / Equipments.* Verification of stock Register.* Work out for Department requirements Order Placement For Purchasing.	Teaching methods and tools to be adopted;
	Co-curricular, extra-curricular and extension activities	<ul style="list-style-type: none">* Distribution of certificates to Sportsmen of the Institute.	Nature of Activity:
August 2023	Curriculum implementation	<ul style="list-style-type: none">* To organize Annual Meeting of Sports Council of the Institute.* Formulation of Sports Calendar of Department* Identification of Sports talent in various games & Sports.	Teaching methods and tools to be adopted:
	Co-curricular, extra-curricular and extension activities	<ul style="list-style-type: none">* Distribution of certificates to Sportsmen. * Notification to students regarding Sports Calendar, Selection Trial etc.	Nature of Activity:
Sep: 2023	Curriculum implementation	<ul style="list-style-type: none">* Identification of Sports Talent in Various games & Sports.* Declaration of Results of Selection Trial. * Preparation of Eligibility Performa, I/C & related Work of all teams/players.* coaching camp: Plan, Notification & conducting camps.* Proper execution of Files related to sports participation.	Teaching methods and tools to be adopted:
	Co-curricular, extra-curricular and extension activities	<ul style="list-style-type: none">* To ensure Teams Participation at Inter Collegiate & at Interuniversity level	Nature of Activity: Supervision and administration
October 2023	Curriculum implementation	<ul style="list-style-type: none">* Organizing coaching Camps.* To ensure Teams Participation at	Teaching methods and tools to be adopted:

		Inter- Collegiate / Interuniversity level	Practical, Supervision and administration
	Co-curricular, extra-curricular and extension activities	To Organize Dr. R.M.L.A.U. Inter Collegiate Sports competition	Nature of Activity: Practical, Supervision and administration
NOV'2023	Curriculum implementation	* To ensure Teams Participation at Inter Collegiate & at Interuniversity level	Teaching methods and tools to be adopted:
	Co-curricular, extra-curricular and extension activities	To Organize Annual Sports of the Institute. To Organize Inter faculty Cricket Competition	Nature of Activity: Administration
DEC' 2023	Curriculum implementation	* To ensure Teams Participation at Inter Collegiate / Interuniversity level	Teaching methods and tools to be adopted: Lecture Method & ICT
	Co-curricular, extra-curricular and extension activities	To Organize Inter faculty Football Competition To Organize Inter faculty Volleyball Competition	<u>Nature of Activity:</u>
JANUARY 2024	Curriculum implementation	* To ensure sports participation at Inter Collegiate / Interuniversity level	<u>Teaching methods and tools to be adopted:</u> Lecture Method & ICT
	Co-curricular, extra-curricular and extension activities	* Supplementary enrichment programmes like special lecture on valuable themes (A) Personality Development (B) Diet & Sports Performance (D) Doping etc.	<u>Nature of Activity:</u>
FEBRUARY 2024	Curriculum implementation	* Career Guidance: B.P. Ed. Students	Teaching methods and tools to be adopted: Lecture Method & ICT
	Co-curricular, extra-curricular and extension activities	* Adjustment against advance payment for Departments	<u>Nature of Activity:</u>
MARCH 2024	Curriculum implementation	*Preparation of Sport Annual Report	<u>Teaching methods and tools to be adopted:</u>
APRIL 2024		*Check out: Maintenance & Repairing of Sports goods/ Equipments	

(B) Selection Trial of Various Games

Selection Trials was conducted in various discipline of sports, as shown by TABLE: -1

TABLE-1

Identifying Sports Talent/Trial

Selection of students was made in games & sports on mentioned dates for participation in various intercollegiate sports.

Kamla Nehru Institute of Physical & Social Sciences, Sultanpur

(An Autonomous Institute)

Department of Physical Education

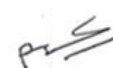


Date: 11.09.2023

Identifying Sports Talent/Trial for Institute Teams


S. No.	Sports	Reporting Date
1.	Yoga	18 September 2023
2.	Chess/Table Tennis/ Badminton/Kick Boxing	19 September 2023
3.	Cross Country/Athletic/ Power Lifting/Weight lifting	20 September 2023
4.	Handball/Football/Hockey	21 September 2023
5.	Taekwondo/Boxing/Kabaddi (M)	22 September 2023
6.	Kho-Kho/Kabaddi (W)	23 September 2023
7.	Volleyball/Shooting	25 September 2023
8.	Cricket	26-27 September 2023
9.	Others Remaining Sports	29 September 2023

Student who want to participate in Intercollegiate Competition must report at 11:00 AM in the office of Physical Education on mentioned dated along with Identify card. Selection will be made on the basis of your knowledge, skills & Tactics. Your behaviour and discipline is one of the important aspects of your participation.


(Prof. Praveen Kr. Singh)
Head/Professor
Physical Education

Copy to:

- 1- Principal, KNIPSS, Sultanpur
- 2- Chief Proctor, KNIPSS, Sultanpur
- 3- Institute Websites
- 4- Faculty Notice Board of all Departments, KNIPSS, Sultanpur


(Prof. Praveen Kr. Singh)

(2)

Sports Participation at various level

LIST OF PLAYERS SELECTED/REPRESENTED IN VARIOUS COMPETITION

Level	Participation			
	Intercollegiate	University	National/International	State
2018-19	112	14	04	-
2019-20	81	15	11	01
2020-21	-	-	-	-
2021-22	64	18	05	02
2022-23	115	16	05	-
2023-24	135	25	-	-

Students Achievement

Participation in games and sports, administrative & management aspects is governed by sports council of the Institute .Institute table tennis team stood joint winner up in intercollegiate championship and volleyball (W) was runner up in intercollegiate championship.

Institute Yoga team got championship in Dr. R.M.L.A.U. intercollegiate championship which was held in Sant Tulsi Das P.G. College, Sultanpur (U.P.). Chess Team was also winner in in Dr. R.M.L.A.U. intercollegiate chess championship.

**Participants List: Intercollegiate/Interuniversity
2023-24**

Nos. of Participants: 135

S. N.	Name of Sportsperson	Present Class	Event
1.	Anurag Dubey	B.Sc. IV	Chess (Men/Women)
2.	Ritik Singh	B.Sc. IV	Chess (Men/Women)
3.	Harshit Mishra	B.Sc. II	Chess (Men/Women)
4.	Ankit Kumar	B.Sc. Ag. II	Chess (Men/Women)
5.	Sweta Bauddha	B.Sc. II	Chess (Men/Women)
6.	Niharika Singh	B.A. IV	Chess (Men/Women)
7.	Khushi Baranwal	B.A. II	Chess (Men/Women)
8.	Roshani Tiwari	B.Com. IV	Chess (Men/Women)
9.	Manoj Nishad	B.Sc. Ag. VI	Yoga (Men/Women)
10.	Adarsh Verma	B.Sc. Ag. II	Yoga (Men/Women)
11.	Sushant Pandey	B.Com. II	Yoga (Men/Women)
12.	Shiva Bharti	B.Com. I	Yoga (Men/Women)
13.	Devesh Upadhyay	B.Sc. Ag. II	Yoga (Men/Women)
14.	Jayendra Singh	B.Sc. III	Yoga (Men/Women)
15.	Tejasvini Kumari	B.Sc. Ag. IV	Yoga (Men/Women)
16.	Anshu Verma	B.Sc. Ag. IV	Yoga (Men/Women)
17.	Anchal Singh	B.Sc. Ag. IV	Yoga (Men/Women)
18.	Khushi Gupta	B.Sc. Ag. IV	Yoga (Men/Women)
19.	Sanju Mishra	B.A. III	Yoga (Men/Women)
20.	Komal Pandey	B.Sc. I	Yoga (Men/Women)
21.	Anshika Singh	B.A. V	Volleyball (Women)
22.	Dhruvi	B.A. III	Volleyball (Women)
23.	Kashish Pandey	B.A. III	Volleyball (Women)
24.	Akanksha Gupta	B.A. V	Volleyball (Women)
25.	Suruchi Sudarshan	B.A. V	Volleyball (Women)
26.	Ankita Baranwal	L.L.B. II	Volleyball (Women)
27.	Shruti Mishra	B.A. III	Volleyball (Women)
28.	Deeksha Yadav	B.A. V	Volleyball (Women)
29.	Sarika Singh	B.Sc. III	Volleyball (Women)
30.	Khushi Yadav	B.Sc. I	Volleyball (Women)
31.	Muskan Yadav	B.Sc. I	Volleyball (Women)
32.	Shivam Singh	L.L.B. III	Badminton (MEN)
33.	Adarsh Singh	M.A. I	Badminton (MEN)
34.	Nikhil Pannu	B.P.Ed. I	Badminton (MEN)
35.	Arpit Singh	B.Com. III	Badminton (MEN)
36.	Sachin Kumar	B.A. V	Kabaddi (MEN)
37.	Sumit Agrahari	B.A. IV	Kabaddi (MEN)
38.	Divyansh	B.Sc. III	Kabaddi (MEN)
39.	Ankuar Pandey	B.Sc. Ag. I	Kabaddi (MEN)
40.	Jugesh Giri	B.A. I	Kabaddi (MEN)
41.	Pawan Kumar Pandey	B.Com. III	Kabaddi (MEN)
42.	Yuvraj Singh	B.Sc. V	Kabaddi (MEN)
43.	Aman Deep	B.Com. V	Kabaddi (MEN)

44.	Anurag Kumar Pal	B.Com. V	Kabaddi (MEN)
45.	Sachin Verma	B.Com. V	Kabaddi (MEN)
46.	Ankita Baranwal	L.L.B. II	Shooting (MEN/WOMEN)
47.	Vaibhav Krishna Srivastava	B.Sc. III	Shooting (MEN/WOMEN)
48.	Mohd. Reyan	B.Sc. III	Shooting (MEN/WOMEN)
49.	Kunvar Anubhav Vikram Singh	B.A. III	Shooting (MEN/WOMEN)
50.	Bushra Sattar	BPEd. I	Table Tanis (Men/Women)
51.	Aryan Pandey	B.A. I	Table Tanis (Men/Women)
52.	Prashant Tiwari	B.Sc. V	Boxing (MEN)
53.	Ayush Prabhat Chaurasiya	B.B.A. IV	Boxing (MEN)
54.	Komal	B.Sc. I	Karate (WOMEN)
55.	Rishabh Tiwari	B.Sc. V	Weight/Power Lifting (Mens/Womens)
56.	Harsh Singh	B.Sc. Ag. VI	Weight/Power Lifting (Mens/Womens)
57.	Ayush Singh	B.Sc. Ag. I	Weight/Power Lifting (Mens/Womens)
58.	Adarsh Yadav	B.Sc. Ag. I	Weight/Power Lifting (Mens/Womens)
59.	Ayush Prabhat Chaurasiya	B.B.A. IV	Weight/Power Lifting (Mens/Womens)
60.	Prince Rathore	B.B.A. IV	Weight/Power Lifting (Mens/Womens)
61.	Akash Kumar	B.A. I	Weight/Power Lifting (Mens/Womens)
62.	Amit Kumar	B.Sc. V	Weight/Power Lifting (Mens/Womens)
63.	Harikesh Maurya	B.Sc. Ag. IV	Weight/Power Lifting (Mens/Womens)
64.	Muskan Yadav	B.Sc. I	Weight/Power Lifting (Mens/Womens)
65.	Khushi Yadav	B.Sc. I	Weight/Power Lifting (Mens/Womens)
66.	Tahmeen Jara	B.A. I	Weight/Power Lifting (Mens/Womens)
67.	Khushi Kanaujia	B.A. II	Weight/Power Lifting (Mens/Womens)
68.	Mohd. Ayan	B.A. I	Weight/Power Lifting (Mens/Womens)
69.	Apoorva Singh	B.A. I	Weight/Power Lifting (Mens/Womens)
70.	Ashutosh Singh	LLB III	Weight/Power Lifting (Mens/Womens)
71.	Jyoti Sonkar	B.A. I	Kho-Kho (Women)
72.	Ichchha Singh	B.A. IV	Cricket (WOMEN)
73.	Yuvraj Singh	B.P.Ed. III	Football (Man)
74.	Sachin Verma	B.Com. V	Football (Man)
75.	Anurag Kumar Pal	B.Com. V	Football (Man)
76.	Ankuar Pandey	B.Sc. Ag. I	Football (Man)
77.	Abhishek Singh	L.L.B. IV	Football (Man)
78.	Mo. Arshad	M.Sc. II	Football (Man)
79.	Ankit Kumar	B.Sc. Ag. I	Football (Man)
80.	Mohd Saquib	B.Sc. III	Football (Man)
81.	Ankit	B.Sc. Ag. I	Football (Man)
82.	Shailesh Vajpai	B.P.Ed. I	Football (Man)
83.	Himanshu Tiwari	B.Com. I	Football (Man)
84.	Abhinav Mishra	B.Com. I	Football (Man)
85.	Raj	B.Sc. IV	Football (Man)
86.	Anurag	B.A. I	Hockey (Men)
87.	Suraj Kumar	B.A. I	Hockey (Men)
88.	Mohd. Adnan	B.Com. II	Hockey (Men)
89.	Mohd. Kaif	B.Com. II	Hockey (Men)
90.	Priya Gupta	B.Com. II	Kabaddi (Woman)
91.	Chhavi Singh	M.Sc. I	Kabaddi (Woman)
92.	Priya Mishra	B.Sc. I	Kabaddi (Woman)

93.	Khushbu Yadav	B.Sc. II	Kabaddi (Woman)
94.	Shweta	B.A. IV	Kabaddi (Woman)
95.	Tahmeem Zahra	B.A. I	Kabaddi (Woman)
96.	Anchal Shukla	B.Sc. II	Kabaddi (Woman)
97.	Roshni	B.A. I	Kabaddi (Woman)
98.	Deepa Pandey	B.Sc. II	Kabaddi (Woman)
99.	Khushi Yadav	B.Sc. I	Kabaddi (Woman)
100.	Muskan Yadav	B.Sc. I	Kabaddi (Woman)
101.	Shree Gupta	B.Com. I	Judo (Women)
102.	Jishan Ahmad	B.Com. I	Volleyball (Men)
103.	Siddharth Singh	B.A. V	Volleyball (Men)
104.	Aditya Shukla	B.Sc. III	Volleyball (Men)
105.	Shivam Kumar	B.A. I	Volleyball (Men)
106.	Akshay Pratap Singh	B.Sc. Ag. I	Volleyball (Men)
107.	Vaibhav Kumar Singh	B.Sc. Ag. VI	Volleyball (Men)
108.	Anmol Singh	B.A. I	Volleyball (Men)
109.	Vishal Singh	B.Sc. Ag. I	Volleyball (Men)
110.	Harshvardhan Singh	B.Com. I	Volleyball (Men)
111.	Mohd. Saquib	B.Sc. III	Volleyball (Men)
112.	Nitin Jaiswal	B.Com. III	Volleyball (Men)
113.	Anjali Tiwari	LLB I	Taekwondo(Men/Women)
114.	Utsav Pandey	B.A. II	Taekwondo(Men/Women)
115.	Anjali Tiwari	LLB I	Kick Boxing (Men/Women)
116.	Utsav Pandey	B.A. II	Kick Boxing (Men/Women)
117.	Himanshu Tiwari	B.Com. I	Kick Boxing (Men/Women)
118.	Anjali Tiwari	LLB I	Qwan Ki Do (Men/Women)
119.	Utsav Pandey	B.A. III	Qwan Ki Do (Men/Women)
120.	Moshi Ulla	B.Com III	Cricket
121.	Vaibhav Singh	LLB I	Cricket
122.	Anubhav Singh	B.Sc. III	Cricket
123.	Janardan Rao	B.A. III	Cricket
124.	Shivashish Mishra	BPED. I	Cricket
125.	Mehran Shabbir	BA I	Cricket
126.	Sonu Hela	BA I	Cricket
127.	Rajneesh Prakash	LLB I	Cricket
128.	Navi Mohammad	BA I	Cricket
129.	Ravi Jaiswal	B.COM. I	Cricket
130.	Raj Singh	B.A. I	Cricket
131.	Tahir Faruk Khan	B.A. I	Cricket
132.	Bharat Lal Kasaudhan	M.A. II	Cricket
133.	Avinav Sharma	M.A. I	Cricket
134.	Mohd. Amil	BA I	Cricket
135.	Gyanmani Dwivedi	BA III	Cricket

केएनआई के खिलाड़ी अंतर्महाविद्यालयीय योग प्रतियोगिता में लहराए परचम व हुए सम्मानित

दैनिक न्यूज वर्ल्ड/राजदेव यादव सुल्तानपुर। कमला नेहरू संस्थान सुल्तानपुर के पुरुष व महिला योग खिलाड़ियों ने अंतर्महाविद्यालयीय योग प्रतियोगिता में अपना परचम लहराया। दोनों वर्गों के खिलाड़ी इस योग प्रतियोगिता में विजेता घोषित हुए इस प्रतियोगिता में कमला नेहरू संस्थान के पुरुष वर्ग में विश्वनाथ पी जी कालेज कलान व महिला वर्ग में सन्त तुलसीदास पी जी कालेज कादीपुर के शिकस्त दी। शारीरिक शिक्षा विभागाध्यक्ष प्रो

प्रवीण कुमार सिंह ने बताया कि डॉ.राम मनोहर लोहिया अख्य विश्वविद्यालय क्रीडा परिषद द्वारा अन्तर्महाविद्यालयीय योग प्रतियोगिता के आयोजन का उत्तरदायित्व संत तुलसी दास पी जी कॉलेज कादीपुर सुल्तानपुर को सौंपा गया। प्रतियोगिता में कमला नेहरू भौतिक एवं सामाजिक विज्ञान संस्थान सुल्तानपुर की 12 सदस्यीय टीम(पुरुष/महिला)ने प्रतिभाग किया एवं सर्वाधिक अंक प्राप्त कर विजेता घोषित हुईं विगत वर्ष भी संस्थान की टीम चैंपियन हुईं संस्थान की टीम विक्रम सिंह,योग प्रशिक्षक के नेतृत्व में

संस्थान स्थित योग सेल में विगत दो महीनों से निरंतर अभ्यास किया।(प्रोफेसर प्रवीण कुमार सिंह ने कहा कि योग प्रतियोगिता में 06 अनिवार्य एवं 04 वैकल्पिक आसान प्रति टीम एवं खिलाड़ियों को प्रदर्शित करने होते हैं।खिलाड़ियों का स्किल,आसान का लेवल, लय एवं फेशियल एक्सप्रेशन प्रदर्शन को तय करते हैं।संस्थान के ये खिलाड़ी अब डॉ राम मनोहर लोहिया अख्य विश्वविद्यालय का प्रतिनिधित्व करने के आईआईटीभुवनेश्वर, जाएंगे।टीम के कमला नेहरू संस्थान वापसी पर संस्थान द्वारा इनका स्वागत किया गया एवं

प्राचार्य प्रोफेसर आलोक कुमार सिंह ने इन्हें अपना शुभाशीष प्रदान करते हुए पुरजोर उत्साहवर्धन भी किया। कमला नेहरू संस्थान के विजेता होने पर प्राचार्य प्रो आलोक कुमार सिंह, उपप्राचार्य प्रो. राधेश्याम सिंह,प्रो प्रवीण कुमार सिंह , मुख्य अनुशास्त्रा सुभांशु प्रताप सिंह,प्रो बिहारी सिंह, अख्य विश्वविद्यालय शिक्षक संघ अध्यक्ष प्रो विजय प्रताप सिंह, अनिल सिंह बसंर,डॉ आर पी मिश्रा,अरविंद कुमार चौरसिया, विक्रम सिंह,फरहतुल्ला अंसारी, अजीत यादव, आफताब अहमद आदि ने हर्ष जाहिर किया।

केएनआई के खिलाड़ियों ने अंतर्महाविद्यालयीय योग प्रतियोगिता में जीत का परचम लहराया

सुल्तानपुर व्यूरो (राहुल सिंह, कटौल इंडिया) सुल्तानपुर। कमला नेहरू संस्थान सुल्तानपुर के पुरुष व महिला योग खिलाड़ियों ने अंतर्महाविद्यालयीय योग प्रतियोगिता में अपना परचम लहराया दोनों वर्गों के खिलाड़ी इस योग प्रतियोगिता में विजेता घोषित हुए इस प्रतियोगिता में कमला नेहरू संस्थान के पुरुष वर्ग में फाइनल राउण्ड में विश्वनाथ पी जी कालेज कलान व महिला वर्ग में सन्त तुलसीदास पी जी कालेज कादीपुर के खिलाड़ियों को शिकस्त दी।शारीरिक शिक्षा विभागाध्यक्ष प्रो प्रवीण कुमार सिंह ने बताया कि डॉ.राम मनोहर लोहिया अख्य विश्वविद्यालय का प्रतिनिधित्व करने के आईआईटीभुवनेश्वर, जाएंगे।टीम के कमला नेहरू संस्थान वापसी पर संस्थान द्वारा इनका स्वागत किया गया एवं



संत तुलसी दास पी जी कॉलेज कादीपुर सुल्तानपुर को सौंपा गया। प्रतियोगिता में कमला नेहरू भौतिक एवं सामाजिक विज्ञान संस्थान सुल्तानपुर की 12 सदस्यीय टीम(पुरुष/महिला)ने प्रतिभाग किया एवं सर्वाधिक अंक प्राप्त कर विजेता घोषित हुईं विगत वर्ष भी संस्थान की टीम चैंपियन हुईं।



GPS Map Camera
Ashapur, Uttar Pradesh, India
Unnamed Road, Ashapur, Uttar Pradesh 224135,
India
27/09/23 10:05 AM GMT +05:30
565 m 94 m



1- Taekwondo:		
Name	Event	Medal
Anjali Tiwari, BCom III	Taekwondo	Gold
Utsav Pandey, BA I	Taekwondo	Silver
Mohd. Majid Ali, BPEd. I	Taekwondo	Silver
Mohd. Anas Khan,	Taekwondo	Bronze
2- Shooting: Players of the Institute won one silver medal are as follows:-		
Name	Event	Medal
Ankita Baranwal LLB Ist Sem.	Rifle	Gold
3- Power Lifting/ Weight Lifting:		
Name	Event	Medal
Saurabh Tiwari, Bsc. Ag.	Power Lifting	Gold
Jamshed Khan, BA III	Power Lifting	Silver
4- Kick Boxing:		
Name	Event	Medal
Arjun Kumar, BBA I Sem.	Kick Boxing	Gold
5- Athletics:		
Name	Event	Medal
Rubi Bauddh	Triple Jump	Gold
Rubi Bauddh	Triple Jump	Silver

Number of awards/medals for outstanding performance in sports activities at various levels

Session	Name of the award/ medal	National/ International	Sports/ Cultural	AADHAR / Student ID number	Name of the student
2018-19	Silver Medal	National	Sports: Volleyball	901680814685	Neha Pandey
2018-19	Silver Medal	National	Sports: Volleyball		Akriti Singh
2018-19	Silver Medal	National	Sports: Kumite (Karate)	213620959702	Sourabh
2018-19	Silver Medal	National	Sports: Kumite (Karate)	989994855420	Yuvraj Singh
2018-19	Silver Medal	University	Shooting	-	Sajjad Haider
2018-19	Bronze Medal	University	Shooting	-	Furkan Kidwai
2018-19	Gold Medal	University	Taekwondo	-	Chandra Shukla
2018-19	1 st Position	University	Cricket	-	Faisal Hussain
2018-19	1 st Position	University	Football	-	Himanshu Pathak
2018-19	1 st Position	University	Chess	-	Diwakar Dubey
2019-20	Gold Medal	National	Sports: Shooting	838350442009	Azad Vikram Singh (Bsc. I)
2019-20	Bronze Medal	National	Sports: Kumite (Karate)	211361196722	Srikant Tripathi (Bronze)
2019-20	Bronze Medal	National	Sports: Kumite (Karate)	-	Shiv Prasad Verma (Bronze)
2019-20	Bronze Medal	National	Sports: Kumite (Karate)	433399830447	Aditya Pratap Singh (Bronze)
2019-20	Bronze Medal	National	Sports: Kumite (Karate)	788054638089	Sarvesh Kumar (Bronze)
2019-20	Silver Medal	National	Sports: Kumite (Karate)	361081420290	Avinash Singh (Silver)
2019-20	Silver Medal	National	Sports: Kumite (Karate)	733239617035	Deeksha Singh (Silver)
2019-20	Bronze Medal	National	Sports: Kumite (Karate)	451655037738	Aneeta (Bronze)
2019-20	Bronze Medal	National	Sports: Kumite (Karate)	260106656845	Anamika Yadav (Bronze)
2019-20	Bronze Medal	National	Sports: Kumite (Karate)	-	Shubham Soni
2019-20	Bronze Medal	National	Sports: Kumite (Karate)	-	Azad Singh
2019-20	Silver Medal	State	Sports: Table Tennis	-	01 Naina Soni, TT, BPEd. II Yr.
2019-20	Gold Medal	University	Power/Weight Lifting	-	Aditya Gupta
2019-20	Silver Medal	University	Power/Weight Lifting	-	Aman Gupta
2019-20	Silver Medal	University	Boxing	989994855420	Yuvraj Singh
2019-20	Silver Medal	University	Taekwondo		Avinash Singh
2019-20	Bronze Medal	University	Taekwondo	-	Srikant Tripathi
2019-20	Bronze Medal	University	Shooting	-	Furkan Qidwai
2019-20	1 st Position	University	Chess	659422299719	Ashok Kumar Yadav
2019-20	1 st Position	University	Table Tennis	917303631097	Naina Soni
2019-20	1 st Position	University	Volleyball	583794955046	Madhu Singh
2021-22	Gold Medal	International	Sports: Athletics	-	Jaibhadra Singh
2021-22	Gold Medal	National	Sports: Athletics (Shot Put)	-	Jaibhadra Singh
2021-22	Gold Medal	National	Sports: Athletics (Discus)	-	Jaibhadra Singh
2021-22	Gold Medal	All India Interuniversity	Sports: Kick Boxing	-	Manoj Kr. Patel
2021-22	I Position	University	Sports: Basketball Team	-	Basketball Team(W)
2021-22	Bronze Medal	Uttar Pradesh State Kickboxing	Sports: Kickboxing, Event-Full Contact	-	Manoj Kr. Patel

		Championship-2022			
2021-22	Bronze Medal	Uttar Pradesh State Kickboxing Championship-2022	Sports: Kickboxing, Event-Kick Light	658024429482	Sunil Yadav
2021-22	Gold Medal	University	Wrestling	-	Deepak Tyagi
2021-22	Gold Medal	University	Kick Boxing	658020029482	Manoj Kumar Patel
2021-22	Gold Medal	University	Kick Boxing	-	Sunil Yadav
2021-22	Gold Medal	University	Kick Boxing	-	Tejaswani Chaudhary
2021-22	Silver Medal	University	Boxing	-	Sunil Yadav
2021-22	Silver Medal	University	Power/Weight Lifting	-	Aman Gupta
2021-22	Silver Medal	University	Power Lifting	-	Jamshed Khan
2021-22	Gold Medal	University	Athletic	490952122436	Anjali Yadav
2021-22	Silver Medal	University	Athletic	490952122436	Anjali Yadav
2021-22	2 nd Position	University	Volleyball (W)	803031024283	Anshika Singh
2021-22	2 nd Position	University	Table Tennis	996430917733	Abhinav Shukla
2022-23	Bronze Medal	All India Open Karate Championship Varanasi 2022	Sports: Karate	-	Mohd. Majid Ali
2022-23	Bronze Medal	All India Open Karate Championship Varanasi 2022	Sports: Karate	-	Arjun Kumar
2022-23	Silver Medal	All India Open Karate Championship Varanasi 2022	Sports: Karate	-	Anjali Tiwari
2022-23	Bronze Medal	All India Open Karate Championship Varanasi 2022	Sports: Karate	-	Utsav Pandey
2022-23	Silver Medal	All India Open Karate Championship Varanasi 2022	Sports: Karate	-	Mohd. Anas Khan
2022-23	Gold Medal	University	Athletic	707280906995	Ruby Baudh
2022-23	Gold Medal	University	Kick Boxing	-	Arjun Kumar
2022-23	Gold Medal	University	Shooting	-	Ankita Baranwal
2022-23	Gold Medal	University	Power/Weight Lifting	-	Saurabh Tiwari
2022-23	Silver Medal	University	Power/Weight Lifting	603094148764	Jamsheed Khan
2022-23	Gold Medal	University	Taekwondo	823219294438	Anjali Tiwari
2022-23	Silver Medal	University	Taekwondo	267594040779	Utsav Pandey
2022-23	Silver Medal	University	Taekwondo	575126710106	Mohd. Majid Ali
2022-23	Bronze Medal	University	Taekwondo	884095948747	Mohd Anas Khan
2022-23	1 st Position	University	Yoga	904472083295	Manoj Nishad
2022-23	1 st Position	University	Cultural	-	Manju Sharma
2022-23	1 st Position	University	Cultural	-	Hemant Pandey
2023-24	Bronze Medal	State	AMATEUR BOXING	-	Aeeq Kan
2023-24	Silver Medal	State	Touch Contact	-	Muskan Yadav
2023-24	Bronze Medal	State	AMATEUR BOXING	-	Khushi Yadav
2023-24	Bronze Medal	State	AMATEUR BOXING	-	Geetanjali Prajapathi

Note:

Students & Alumni of the Institute brought laurels to the Institute by representing the country /state in different games & sports. To name a few of our distinguished students & alumni, Mr. Pankaj Singh, included in the Indian cricket squad touring squad in July 2014 India in cricket brought fame & glory. Mr Mohd. Azad won bronze medal in rowing event in 17th Asian games 2014 which was held in Incheon, South Korea. Neetu Dubey was a member of U.P. Cricket Team. Ankita Singh was a member/captain of U.P. Handball Team. Kanchan Singh occupied III rd place in Discuss Throw in State Olympic Games2008.

Anshika Singh & Astha Pandey got selected for 25th National Youth Volleyball championship which was held in Panna, M.P., to represent UP volleyball team.

(3)

Institute Annual Sports

In the line of Intramural Programme, Institute organized *Institute Annual Sports 2023(Fit India Movement)* on 22.11.23 & 23.11.23. Objective of organization of *Institute Annual Sports 2023*

Objectives are as follows: -

1. To develop leadership ability among the students.
2. To allow the students to learn officiating capacity.
3. To ensure participation in games & sports in variety of events.



In the chairmanship of Principal of the Institute as a chief guest of opening ceremony programme was relayed. Boys & girls participated in various events of athletics. Boys participated in 09 events & girls in 04 events, which were as follows:-

S. No.	Events (Boys)	S.No.	Events (Girls)
1.	100mt.	1.	100mt.
2.	200mt.	2.	200mt.
3.	400mt.	3.	Long Jump
4.	800mt.	4.	Shot Put
5.	1500mt.		
6.	Long Jump		
7.	Shot Put		
8.	Javelin		
9.	Discus Throw		

Few events were also organized for teaching & non-teaching staffs, which were as follows: -

1. Shot Put Teaching Non Teaching Staff (M/F)
2. Tug of war (M)
3. Musical Chair for Teaching Staff (W)

ANNUAL SPORTS CEREMONY
Organised By :
K.N.I.P.S.S., Sultanpur (U.P.)
 (An Autonomous Institute)
 Accredited "A" grade by NAAC
22-23 November 2023

Play the games of your choice! Give sports its due spot in your catalogue!
 A healthy mind dwells in a strong body, so play sports!
 Sports help you promote team spirit! Don't say no to games!

ANNUAL SPORTS CEREMONY
Organised By : K.N.I.P.S.S., Sultanpur (U.P.)
 (An Autonomous Institute)
 22- 23 November 2023
 Accredited "A" grade by NAAC

Play the games of your choice! Give sports its due spot in your catalogue!
 A healthy mind dwells in a strong body, so play sports!
 Sports help you promote team spirit! Don't say no to games!



घोषणा

मैं, कमला नेहरू भौतिक एवं सामाजिक विज्ञान संस्थान, सुलतानपुर के "फिट इण्डिया मूवमेन्ट" समारोह : 2023-24 के शुभारम्भ की घोषणा करता हूँ।

Kamla Nehru Institute of Physical & Social Sciences
Sultanpur (U. P.)
 (An Autonomous Institute)
 Accredited by NAAC with "A" Grade

Invitation **FIT INDIA**

"Fit India Movement" Celebration

Opening Ceremony
 Time: 09:30 A.M. Venue: Institute's Ground Date: 22 Nov. 2023

Closing Ceremony
 Time: 12:30 P.M. Venue: Institute's Ground Date: 23 Nov. 2023

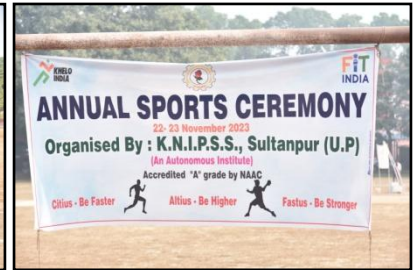
Sir/Madam,

You are cordially invited to the "Fit India Movement" Celebration of the Institute to be held on 22 & 23 November 2023 on Institute ground.

Kindly oblige us by your gracious presence.

Thanks.

(Prof. Praveen Kr. Singh) (Prof. Alok Kumar Singh)
 Organising Secretary Principal



Kamla Nehru Institute of Physical & Social Sciences
Sultanpur – 228 118
 (An Autonomous Institute)
 Accredited by NAAC with "A" Grade
Organizing Committee
"Fit India Movement"- Celebration (2023-24)
 (22 & 23 Nov. 2023)

Date: 10.11.2023

Chair person/Patron	- Prof. Alok Kumar Singh
Organizing Secretary	- Prof. Praveen Kumar Singh
Jury of Appeal	- Prof. Radhey Shyam Singh
Technical Committee	- 1- Mr. Mahesh Yadav 2- Mr. Arvind Chaurasia 3- Mr. Ashutosh Yadav
Chief Judge Throwing	- Prof. Bihari Singh
Chief Judge Jump	- Prof. Vijai Pratap Singh (English)
Chief Judge Running	- Prof. Pratima Singh
Announcer	- 1- Prof. Pratima Singh 2- Dr. Pawan Kr. Rawat
Recorder	- 1- Mr. Anand Srivastava Mr. Ram sabad 2- Mr. Rahul Bharti 3- Mr. Ram Sabad
Tent & Sitting Arrangement	- 1- Mr. Shakti Singh 2- Mr. F.U. Ansari
Refreshment Committee	- 1- Prof. Bihari Singh 2- Sri Banwari (B.Ed.) 3- Mr. Dilip Kumar
Marshals	- All players of Institute Cricket Team
Discipline	- Mr. Sudhanshu Pratap Singh, Chief Proctor & All the members of Proctorial Board
Starter	- 1- Mr. Mahesh Kumar 2- Mr. Aashutosh Kr. Yadav
Time Keeper	- 1- Mr. Anil Yadav 2- Mr. Arvind Chaurasiya 3- Mr. Atul Kr. Singh 4- Dr. Abdul Hafiz Khan 5- Dr. Santosh Singh (B.Ed.)

Judges at Throw	- 1- Mrs. Ranjana Singh 2- Prof. Kiran Singh 3- Dr. Sumita Rai 4- Dr. Raj Kr. Mishra 5- Mr. Suresh Kumar 6- Dr. Sarvesh Kumar
Judges at Jump	- 1- Prof. Pratima Singh 2- Mrs. Shalini Singh 3- Dr. Avadhesh Pratap Singh 4- Dr. Prabhat Singh 5- Mr. Vikram Singh
Medical Committee	- 1- Mr. Sanjay Kumar 2- Dr. Archana Yadav
Prize Distribution Committee	- 1- Mr. F.U. Ansari 2- Mr. Anand Srivastava
Media & Publicity Committee	- 1- Dr. R.P. Mishra 2- Dr. Pawan Rawat
Ground Maintaining Staff	- 1- Sri Ajeet Kumar Yadav 2- Sri Ram Prakash 3- Sri Durga 4- Sri Rakesh Maurya 5- Sri Sheetla 7- Sri Manoj 8- Brijesh 9- Rahul

(Prof. Praveen Kumar Singh)
Organizing Secretary

(Prof. Alok Kumar Singh)
Principal



कमला नेहरू भौतिक एवं सामाजिक विज्ञान संस्थान, सुलतानपुर

दिनांक 22.11.2023 एवं 23.11.2023 के होने वाले वार्षिक क्रीड़ा (फिट इण्डिया मूवमेन्ट)



समारोह कार्यक्रम – प्रातः 09:30 बजे



1. बाबू जी की फोटो का माल्यार्पण मुख्य अतिथि द्वारा (प्राचार्य)।
2. आयोजन सचिव द्वारा मुख्य अतिथि को माल्यार्पण
3. मुख्य अतिथि द्वारा आशीर्वाचन एवं "फिट इण्डिया मूवमेन्ट" समारोह के उद्घाटन की घोषणा।
4. खिलाड़ियों द्वारा शपथ ग्रहण।

दिनांक 22.11.2023

1. 1500 मीटर दौड़ फाइनल छात्र।
2. 100 मीटर हीट छात्र।
3. 200 मीटर हीट छात्र/छात्रा।
4. गोला फेंक छात्र फाइनल।
5. गोला फेंक छात्रा फाइनल।
6. डिसकस थ्रो फाइनल छात्र।
7. 200 मीटर दौड़ छात्रा फाइनल।

मध्याह्नक: 12:30 बजे से 01:00 बजे तक

8. 400 मीटर हीट छात्र।
9. लम्बी कूद फाइनल छात्र।
10. लम्बी कूद फाइनल छात्रा।
11. 400 मीटर दौड़ फाइनल छात्र।
12. गोला फेंक अध्यापक एवं शिक्षणोत्तर कर्मचारी।
13. जैवलिन छात्र।
14. म्युजिकल चेयर (महिला शिक्षक)

दिनांक 23.11.2023 प्रातः 8:30 बजे


1. 100 मीटर छात्रा हीट।
2. 200 मीटर दौड़ छात्र फाइनल।
3. 800 मीटर दौड़ फाइनल छात्र।
4. 100 मीटर दौड़ छात्रा, फाइनल (मुख्य अतिथि के सामने)।
5. 100 मीटर छात्र फाइनल (मुख्य अतिथि के सामने)।
6. रस्सा कसी अध्यापक/शिक्षणोत्तर कर्मचारी (मुख्य अतिथि के सामने)।


समापन समारोह (12:30 P.M.)

- आयोजन सचिव द्वारा मुख्य अतिथि जी को माल्यार्पण।
- प्रो. बिहारी सिंह द्वारा प्राचार्य जी को माल्यार्पण।
- डॉ. पवन रावत द्वारा उपप्राचार्य जी को माल्यार्पण।
- मुख्य अतिथि द्वारा खिलाड़ियों को पुरस्कार वितरण।
- प्राचार्य द्वारा विजयी शिक्षक प्रतिभागियों, रस्साकसी में विजयी प्रतिभागियों को पुरस्कार वितरण।
- उपप्राचार्य प्रो. राधेश्याम सिंह द्वारा शिक्षणोत्तर प्रतिभागियों को पुरस्कार वितरण।
- मुख्य अनुशास्ता द्वारा सर्वश्रेष्ठ एथलीट्स को सम्मानित करना।
- मुख्य अतिथि द्वारा आशीर्वाचन।
- धन्यवाद ज्ञापन प्रो. प्रवीण कुमार सिंह।
-

संस्थान शिक्षकगण, शिक्षणोत्तर कर्मचारी, आयोजन समिति एवं अन्य हेतु भोजन व्यवस्था

(01:00 P.M. से 02:00 P.M.)


(प्रो. प्रवीण कुमार सिंह)
आयोजन सचिव


(प्रो. आलोक कुमार सिंह)
प्राचार्य

Prize Distribution Ceremony
"Fit India Movement"- Celebration: 2023-24
Men's section

S. No	Event	Name	Father's Name (Shri)	Class	Position	Signature (Cert. Received)
1.	100mt.	1. Ram Nath 2. Utkarsh 3. Saif mohammad				
2.	200mt.	1. Satyam Verma 2. Ram Nath Kumar Gai 3. Ayush Tripathi	Jai Prakash Verma Munafir Gai Late Ram Sewak Triwai	B.A. Jst B. Sc. Ag. Pth B. Sc. Pth		
3.	400mt.	1. Ritesh Yadav 2. Raj 3. Ram Nath Kumar Gai	Satish Chandra Yadav Jivon Lal Munafir Gai	B. Sc. Pth B. Sc. Pth B. Sc. Ag. Pth	I II III	Cancelled
4.	800mt.	1. Raj 2. Satyam Verma 3. Ayush Tripathi	Jivon Lal Jai Prakash Verma Late Ram Sewak Triwai	B. Sc. Pth B.A. Jst B. Sc. Pth	I II III	
5.	1500mt.	1. Mukesh Verma 2. Harish Chandra 3. Sachin Kumar	Shri Uday Ram Verma Raj Kumar -	B.A. Pth B. Sc. Pth -	I II III	
6.	Long Jump	1. Saif mohammad 2. Utkarsh 3. Harish Chandra	Shri Mohd Nayyankhan Ramanand Raj Kumar	B. Sc. Pth B. Sc. Pth B. Sc. Pth	I II III	
7.	Shot Put	1. Akshay Pratap Singh 2. Utkarsh Mishra 3. Saif mohammad	Sarvajit Singh Deepak Kumar Mishra Mohd. Nayyankhan	B. Sc. Ag. Pth B. Sc. Pth B. Sc. Pth	I II III	
8.	Javelin	1. Harsh Singh 2. Himanshu Pandey 3. Akhans Yadav	Shri Anand Singh Shri Umesh Pandey Shri Ghanshyam Yadav	B. Sc. Pth B. Sc. Pth B. Sc. Pth	I II III	
9.	Discus	1. Akshay Pratap Singh 2. Jugesh Gai 3. Gishan Ahmad	Sarvajit Singh Khushi Ram Gai Taj Khan Ahmad	B. Sc. Ag. Pth B.A. Jst B. Sc. Pth	I II III	

Prepared & Checked by:

Date:

1.

2.


 (Prof. Praveen Kumar Singh)
 Org. Secretary

Prize Distribution Ceremony
"Fit India Movement"- Celebration : 2023-24
Women's section

S. No	Event	Name	Father's Name	Class	Position	Signature (Cert. Received)
1.	100mt.	1. Tahmeena Zahra 2. Anshika Singh 3. Jyasharma				
2.	200mt.	1. Tahmeena Zahra 2. Anshika Singh 3. Jaya Sharma	Shri Shamshan Hussain Shri Jagdamba Prasad Singh Shri Ramesh Kumar Sharma	B.A. Jst B. Sc. Pth B.A. Pth		
3.	Shot Put	1. Lakshmi 2. Reshmi 3. Komal Yadav	Shri Chaitram Shri Kamlesh Nishad Shri Arun Kumar Yadav	B. Ed. Pth B.A. Jst B.A. Pth	I II III	
4.	Long Jump	1. Reshmi 2. Tahmeena Zahra 3. Jaya Sharma	Shri Kamlesh Nishad Shri Shamshan Hussain Shri Ramesh Kumar Sharma	B.A. Jst B.A. Jst B.A. Pth	I II III	

Prepared & Checked by:

Date:

1.

2.


 (Prof. Praveen Kumar Singh)
 Org. Secretary

Kamla Nehru Institute of Physical & Social Sciences, Sultanpur
(An Autonomous Institute)

Prize Distribution "Fit India Movement"- Celebration: 2023-24

S.No.	Event/Category	Shot Put	
1.	Teachers (W)	1. प्र. न. प्र. त. ल. मा. 2. संपति सा. सिंह 3. वि. प्र. सिंह	
2.	Teachers (W)	Musical Chair Champion डॉ. ए. नाथ सिंह भारती (A. D.) डॉ. क. म. (बी. एड.) Total 01 Nos.	Shot Put (M) 1. Dr. Anandesh Prakash 2. Dr. Anshul Mishra 3. Dr. Subhas Yadav Total 03 Nos.
3.	Tug of war (Teaching)	Winner S. K. Singh Runner A. K. Singh	30 nos.
4.	Tug of war (Non-Teaching)	Winner X Runner X	22 nos.
5.	Non-Teaching	Shot Put 1. श्री. गो. व. श्रीवास्तव 2. श्री. अ. प्र. सिंह 3. श्री. अ. क.	
6.	"Fit India Movement"- Celebration Best-Athlete (Men) "Fit India Movement"- Celebration Best-Athlete (Women's)	श. प्र. नाथ सिंह B.A. V Sem त. र. म. न. ज. सिंह B.A. V Sem	Appreciation Award श. प्र. नाथ सिंह, B.A. V Sem. "प्रतिभांगता महत्वपूर्ण है जो कि जीत खंड है।"
7.	Member of Organizing Committee	1. श्री. म. क. मा. देव 2. श्री. का. र. नाथ मा. देव 3. श्री. वि. क. सिंह 4. श्री. अ. र. म. न. मा. देव 5. श्री. ज. म. व. क. सिंह	6. श्री. फ. र. उ. ल. मा. देव 7. श्री. रा. क. ल. मा. देव 8. श्री. क. न. दे. मा. देव
8.	IV Class Employee	1- Sri Ajeet Kumar Yadav 2- Sri Ram Prakash 3- Sri Durga 4- Sri Sheeta 5- Sri Rakesh Maurya 6- Sri Manoj Maurya 7- Sri Brijesh 8- Sri Rahul	08 nos.

(Prof. Alok Kumar Singh)
Principal



कमला नेहरू भौतिक एवं सामाजिक विज्ञान संस्थान, सुलतानपुर -228 118

(स्वायत्तशापी संस्थान)

(विश्वविद्यालय अनुदान आयोग की स्वायत्त संस्था नैक (NAAC) द्वारा A श्रेणी में मूल्यांकित)

प्रो. प्रवीण कुमार सिंह
विभागाध्यक्ष, शारीरिक शिक्षा

Email:praveensinghkn@gmail.com

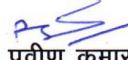
☎ :9415968434

सूचना

दिनांक:- 07.11.2023

कमला नेहरू भौतिक एवं सामाजिक विज्ञान संस्थान, सुलतानपुर द्वारा “वार्षिक क्रीड़ा समारोह” का आयोजन दिनांक 22 एवं 23 नवम्बर 2023 को संस्थान क्रीड़ा स्थल पर प्रातः 09:30 बजे से किया जायेगा। “वार्षिक क्रीड़ा समारोह” में छात्र/छात्राओं की एथलेटिक्स इवेंट्स के साथ-साथ शिक्षक एवं शिक्षणेत्तर कर्मचारियों के लिये भी रोमांचक प्रतियोगिताओं का आयोजन किया जायेगा। इच्छुक छात्र/छात्राएं संस्थान क्रीड़ा स्थल पर दिनांक 22.11.2022 को प्रातः 09:00 बजे अनिवार्यतः उचित पोशाक/स्पोर्ट्स किट में अपने परिचय पत्र के साथ प्रतिभागिता हेतु उपस्थित रहें।

प्रतिभागिता हेतु शुभकामनाएं


(प्रो. प्रवीण कुमार सिंह)

विभागाध्यक्ष, शारीरिक शिक्षा

कमला नेहरू भौतिक एवं सामाजिक विज्ञान संस्थान,


सूचना

o/c

दिनांक: 10.11.2023

आपको सूचित किया जाता है कि संस्थान के क्रीड़ा स्थल पर "फिट इण्डिया मूवमेन्ट" समारोह प्रतियोगिता 2023-24 का आयोजन दिनांक 22 एवं 23 नवम्बर 2023 प्रातः 9:30 बजे संस्थान क्रीड़ा स्थल पर किया जाना है। अतः आप सभी दिनांक 21.11.2023 को प्रातः 9:30 बजे संस्थान क्रीड़ा स्थल पर अनिवार्य रूप से उपस्थित रहें एवं विभागाध्यक्ष शारीरिक शिक्षा के दिशा निर्देशानुसार कार्य सम्पन्न करें।

1. श्री अजीत कुमार यादव
2. श्री राम प्रकाश
3. श्री शीतला प्रसाद
4. श्री दुर्गा
5. श्री मनोज मौर्या
6. श्री बृजेश यादव
7. श्री राकेश मौर्या
8. श्री राहुल


प्राचार्य

प्रतिलिपि सूचनार्थ एवं आवश्यक कार्यवाही हेतु प्रेषित-

1. कार्यालय अधीक्षक, के.एन.आई.पी.एस.एस., सुलतानपुर।
2. सम्बन्धित समस्त विभागाध्यक्ष, के.एन.आई.पी.एस.एस., सुलतानपुर।


प्राचार्य



कमला नेहरू भौतिक एवं सामाजिक विज्ञान संस्थान, सुलतानपुर -228 118

(ब्याचुलरशिपी संस्थान)

(विश्वविद्यालय अनुदान आयोग की स्वायत्त संस्था नैक (NAAC) द्वारा A श्रेणी में मूल्यांकित)

प्रो. प्रवीण कुमार सिंह

विभागाध्यक्ष, शारीरिक शिक्षा

Email:praveensinghkn@gmail.com

☎ :9415968434

पत्रांक:

दिनांक: 10/11/2023

सेवा में,

ब्यूरो चीफ/संवाददाता,

दैनिक समाचार पत्र अमर उजाला/दैनिक जागरण/हिन्दुस्तान/अमृत विचार
सुलतानपुर।

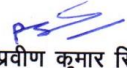
महोदय,

कृपया अधोलिखित प्रेस विज्ञप्ति अपने दैनिक समाचार पत्र में जनहित में प्रकाशित करने का
कष्ट करें।

प्रेस विज्ञप्ति

कमला नेहरू भौतिक एवं सामाजिक विज्ञान संस्थान, सुलतानपुर के "फिट इण्डिया
मूवमेन्ट" समारोह का आयोजन दिनांक 22 एवं 23 नवम्बर 2023 में संस्थान क्रीड़ा स्थल पर
प्रातः 09:30 बजे से किया जायेगा। "फिट इण्डिया मूवमेन्ट"समारोह में छात्र/छात्राओं की
एथलेटिक्स इवेन्ट्स के साथ-साथ शिक्षक एवं शिक्षणेत्तर कर्मचारियों के लिये भी रोमांचक
प्रतियोगिताओं का आयोजन किया जायेगा। इच्छुक छात्र/छात्राएं संस्थान क्रीड़ा स्थल पर
दिनांक 22.11.2023 को प्रातः 09:00 बजे अपने परिचय पत्र के साथ प्रतिभागिता हेतु उपस्थित
रहें।

भवदीय


(प्रो. प्रवीण कुमार सिंह)
विभागाध्यक्ष, शारीरिक शिक्षा

List of Participation of Fit India Movement (Annual Sports) 2023-24

Nos. of Participants: 214

S. No.	Name	Class	Event
1.	Khusbu Yadav	B.Sc. III rd Sem Bio.	100 Mtr. (W)
2.	Anchal Tiwari	B.Sc. III rd Math	100 Mtr. (W)
3.	Tahmeen Jehra	B.A. I st Year	100 Mtr. (W)
4.	Komal yadav	B.A.III rd Year	100 Mtr. (W)
5.	Jaya Sharma	B.A.III rd Year	100 Mtr. (W)
6.	Nikita yadav	B.A. I st Sem.	100 Mtr. (W)
7.	Nidhi Gupta	B.Sc. III Math	100 Mtr. (W)
8.	Luxmi	B.Ed.II. Year	100 Mtr. (W)
9.	Luxmi Rao	B.A. III rd Year.	100 Mtr. (W)
10.	Shubhi Pandayt	B.Com I st Year	100 Mtr. (W)
11.	Anshika singh	B.Sc. III rd Sem Bio	100 Mtr. (W)
12.	Ichchha singh	B.A.V th . Sem.	100 Mtr. (W)
13.	Raziyz Bano	B.A.V th . Sem.	100 Mtr. (W)
14.	Anusha shukla	B.A. III Sem.	100 Mtr. (W)
15.	Jyoti Singh	B.Com. I st Sem.	100 Mtr. (W)
16.	Komal panday	B.A. I Sem.	100 Mtr. (W)
17.	Khushvma Bano	B.A. V Sem.	100 Mtr. (W)
18.	Vandana pal	B.Sc.Ag. I Sem.	100 Mtr. (W)
19.	Priya Mishra	B.Sc.I sem	100 Mtr. (W)
20.	Anshika Singh	B.Sc. III rd Bio	200 Mtr. (W)
21.	Khusbu Yadav	B.Sc. III rd Bio	200 Mtr. (W)
22.	Nidhi Gupta	B.Sc. III rd	200 Mtr. (W)
23.	Shubhi Panday	B.Com. I st	200 Mtr. (W)
24.	Jaya Sharma	B.A.III rd Year	200 Mtr. (W)
25.	Laxmi Rao	B.A.III rd Year	200 Mtr. (W)
26.	Komal Yadav	B.A.III rd Year	200 Mtr. (W)
27.	Vandana Pal	B.Sc. Ag.Ist Sem	200 Mtr. (W)
28.	Lakshami	B.Ed. IInd Year	200 Mtr. (W)
29.	Ichha Singh	B.A. Vth Sem.	200 Mtr. (W)
30.	Komal Mourya	B.A. III Sem.	200 Mtr. (W)
31.	Roshmi	B.A. I st Sem.	200 Mtr. (W)
32.	Komal Pamday	B.Sc. Ist Sem.	200 Mtr. (W)
33.	Priya Mishra	B.Sc. I Sem	200 Mtr. (W)
34.	Thmeem	B.A. Ist Sem.	200 Mtr. (W)
35.	Chandhi	B.Ed. I Sem.	200 Mtr. (W)
36.	Meera	B.Sc. I Sem.	200 Mtr. (W)
37.	Richa Mishra	B.Ed. I Sem	200 Mtr. (W)
38.	Mamta Yadav	L.L.L. I Sem.	200 Mtr. (W)
39.	Rimme Gupta	L.L.L. I Sem.	200 Mtr. (W)
40.	Aanchal tiwari	B.Sc. III Sem.	Long Jump
41.	Java Sharma	B.A. V Sem.	Long Jump
42.	Nidhi Gupta	B.Sc. III Sem.	Long Jump
43.	Khushbu Yadav	B.Sc. III Sem	Long Jump
44.	Laxmi	B.A.V Sem.	Long Jump
45.	Lakshmi	B.Ed. II Sem.	Long Jump
46.	Tahmeem Zahra	B.A. I Sem.	Long Jump
47.	Ichchha Singh	B.A.V Sem	Long Jump
48.	Roshni	B.A. I Sem.	Long Jump
49.	Nikita Yadav	B.A. I Sem.	Long Jump
50.	Komal Panday	B.Sc. I Sem.	Long Jump
51.	Priya Mishra	B.Sc. I Sem.	Long Jump
52.	Vandna pal	B.Sc. Ag. ISem.	Long Jump

53.	Meera	B.Sc. Ag. I Sem.	Long Jump
54.	Chandni	B.Ed. I st Sem	Long Jump
55.	Royiya Bano	B.A Vth. I Sem.	Shot Put Throw (W)
56.	Komal Yadav	B.A Vth. I Sem.	Shot Put Throw (W)
57.	Shubhi Panday	B.Com. I st Sem.	Shot Put Throw (W)
58.	Laxmi	B.Ed. II	Shot Put Throw (W)
59.	Khusnuma Bano	B.A. V	Shot Put Throw (W)
60.	Tahmeen zehra	B.A. I Sem	Shot Put Throw (W)
61.	Roshani	B.A. I Sem	Shot Put Throw (W)
62.	Jaya sharma	B.A V	Shot Put Throw (W)
63.	Nidhi Gupta	B.Sc. III Sem.	Shot Put Throw (W)
64.	Khusboo Yadav	B.Sc. III Sem.	Shot Put Throw (W)
65.	Akhand Yadav	B.Sc. V Sem.	Shot Put Throw (W)
66.	Shubham	B.Sc. V Sem.	Shot Put Throw (W)
67.	Utkarsh Pamday	B.Sc. Vth Sem	100 Mtr. (M)
68.	Ayushman Shukla	B.Sc. Vth Sem	100 Mtr. (M)
69.	Dipamshu yadav	B.A. I st Year	100 Mtr. (M)
70.	Md. Ayan	B.A. I st Sem	100 Mtr. (M)
71.	Anurag Kumar pal	B.Com. V th Sem.	100 Mtr. (M)
72.	Naushad Khan	B.A. I st Sem.	100 Mtr. (M)
73.	Saif Mohammad	B.Com. I st Sem.	100 Mtr. (M)
74.	Ankur Panday	B.Sc.(Ag) I st Sem	100 Mtr. (M)
75.	Suraj Shukla	B.Com. I st Sem	100 Mtr. (M)
76.	Aditya Verma	B.Sc. III Sem	100 Mtr. (M)
77.	Ayush Kumar	B.Com. III Sem	100 Mtr. (M)
78.	Ram Nath Kumar Giri	B.Sc. Ag V Sem.	100 Mtr. (M)
79.	Utkarsh Mishra	B.Sc. (Math) V Sem	100 Mtr. (M)
80.	Ayush Tripathi	B.Sc. (Math) III Sem	100 Mtr. (M)
81.	Jayendra singh	B.Sc. (Math) III Sem	100 Mtr. (M)
82.	Priyarshu Srivastav	B.Sc. (Math) III Sem	100 Mtr. (M)
83.	Utkarsh	B.Sc.(Ag.) III Sem	100 Mtr. (M)
84.	Shubham pal	B.Sc (Math) I Sem	100 Mtr. (M)
85.	Ankur Panday	B.Sc.(Ag) I st Sem	200 Mtr. (M)
86.	Mamit kumar maurya	B.Sc.(Ag) I st Sem	200 Mtr. (M)
87.	Aviral Upadhyay	B.A. I Sem	200 Mtr. (M)
88.	Utkarsh Panday	B.Sc. (M) V Sem	200 Mtr. (M)
89.	Ayush Tripathi	B.Sc. (M) III Sem	200 Mtr. (M)
90.	Ravindra vikram Singh	B.A. I Sem	200 Mtr. (M)
91.	Naushad Khan	B.A. I Sem	200 Mtr. (M)
92.	Saif Mohammad	B.Com.Ist Sem	200 Mtr. (M)
93.	Ayush Kumar	B.Com. 3 rd Sem	200 Mtr. (M)
94.	Ram nath kumar Giri	B.Sc. (Ag) 5 th Sem	200 Mtr. (M)
95.	Satyam verma	B.A V th Sem.	200 Mtr. (M)
96.	Jaychand singh	B.Sc. (Math) III Sem	200 Mtr. (M)
97.	Surai Gupta	B.Sc. (Ag.) I st Sem	200 Mtr. (M)
98.	Anju Prajapathi	B.Sc. (Ag) I st Sem	200 Mtr. (M)
99.	Prince Kumar	B.Sc. (Ag) I st Sem	200 Mtr. (M)
100.	Niranjan Maurya	B.Com. III Sem.	200 Mtr. (M)
101.	Nitish Kumar	B.Sc. (Ag) I st Sem	200 Mtr. (M)
102.	Priyanshu Srivastav	B.Sc. (Math) V Sem	200 Mtr. (M)
103.	Prem Chandra	B.Sc.(Ag) 3 rd Sem	200 Mtr. (M)
104.	Prashant Maurya	BA. I st	200 Mtr. (M)
105.	Shubham Pal	B.Sc. (Math) I Sem	200 Mtr. (M)
106.	Shivam Verma	BA. Ist Sem	200 Mtr. (M)
107.	Prabhakar Maurya	B.Ed.ISem	200 Mtr. (M)
108.	Sarvesh Kumar	B.Ed.ISem	200 Mtr. (M)
109.	Hariom Mishra	B.Sc.(Ag) I Sem	200 Mtr. (M)
110.	Nuashad Khan	B.A. I.Sem.	400 Mtr. (M)

111.	Ravindra Kumar Singh	B.A. I .Sem	400 Mtr. (M)
112.	Anil Upadhay	B.A. I .Sem.	400 Mtr. (M)
113.	Satyam Verma	B.A. 5. Sem.	400 Mtr. (M)
114.	Prem chandra	B.Sc.(Ag) 3r ^d Sem	400 Mtr. (M)
115.	Shivam Verma	B.A. I .Sem.	400 Mtr. (M)
116.	Akshay Pratap Singh	B.Sc. Ag ISem.	400 Mtr. (M)
117.	Suraj Gupta	B.Sc. Ag I Sem.	400 Mtr. (M)
118.	Anuj Prajapati	B.Sc. Ag I Sem.	400 Mtr. (M)
119.	Mukesh Verma	B.A.III Year	400 Mtr. (M)
120.	Abhishek Mishra	B.SC III th . Sem.	400 Mtr. (M)
121.	Hariom Mishra	B.Sc. Ag I Sem.	400 Mtr. (M)
122.	Prabhakar Maurya	B.Ed. Ist sem.	400 Mtr. (M)
123.	Ankur Panday	B.Sc. Ag I Sem.	400 Mtr. (M)
124.	Raj	B.Com. I Sem	400 Mtr. (M)
125.	Ram Nath kumar	B.Sc. Ag V Sem.	400 Mtr. (M)
126.	Sharad Yadav	B.A I Sem	800 Mtr. (M)
127.	Satyam Verma	B.A I Sem	800 Mtr. (M)
128.	Mukesh Verma	B.A III Sem	800 Mtr. (M)
129.	Suraj Gupta	B.Sc. Ag I Sem.	800 Mtr. (M)
130.	Indrajeet Verma	B.A. I st sem	800 Mtr. (M)
131.	Ayush Tripathi	B.SC. III rd Sem.	800 Mtr. (M)
132.	Krishna Kumar	B.Ed I st Sem.	800 Mtr. (M)
133.	Anurag Kumar Pal	B.Com V Sem	800 Mtr. (M)
134.	Sachin Kumar	B.A V sem	800 Mtr. (M)
135.	Raj	B. Sc. V sem Math	800 Mtr. (M)
136.	Shubham Kumar	M.Sc. I sem	800 Mtr. (M)
137.	Ashutosh Tiwari	B.A. I st sem	1500 Mtr. (M)
138.	Amit Kumar Mourya	B.Sc. Ag I Sem	1500 Mtr. (M)
139.	Harishchand	B.Sc. III Sem(Mathe)	1500 Mtr. (M)
140.	Sharad Yadav	B.A. I st sem	1500 Mtr. (M)
141.	Mukesh Verma	B.A. III st sem	1500 Mtr. (M)
142.	Indrajeet Verma	B.A. I st sem	1500 Mtr. (M)
143.	Jayant Singh	B.Sc. III Sem(Mathe)	1500 Mtr. (M)
144.	Sachin Kumar	B.A. I st sem	1500 Mtr. (M)
145.	Himanshu Tiwri	B.Com.I Sem	Shot Put Throw (M)
146.	Utkarsh Mishra	B.Sc. V Sem	Shot Put Throw (M)
147.	Mohd. Ayan	B.A. I Sem	Shot Put Throw (M)
148.	Jayendra Singh	B.Sc. III Sem	Shot Put Throw (M)
149.	Shureyansh Verma	B.Sc. III Sem	Shot Put Throw (M)
150.	Akash Kumar	B.A. ISem	Shot Put Throw (M)
151.	Akshy Pratap Singh	B.Sc.Ag I Sem	Shot Put Throw (M)
152.	Aviral Upadhyay	B.A. I Sem	Shot Put Throw (M)
153.	Saif Mohammad	B.Com I Sem	Shot Put Throw (M)
154.	Naushad Khan	B.A. I Sem	Shot Put Throw (M)
155.	Rishabh Pandey	M.Sc. I Sem	Shot Put Throw (M)
156.	Ankur PandaY	B.Sc.Ag III Sem	Shot Put Throw (M)
157.	Sudhanshu Mishra	B.Sc.Ag III Sem	Shot Put Throw (M)
158.	Akhand Yadav	B.Sc.V Sem	Shot Put Throw (M)
159.	Himanshu Tiwari	B.Com I st Sem	Discus (M)
160.	Akshay Pratap Singh	B.A III nd Sem	Discus (M)
161.	Akash Kumar	B.A I st Sem	Discus (M)
162.	Shreyansh Verma	B.Sc. III Sem	Discus (M)
163.	Akhand Yadav	B.Sc. V Sem	Discus (M)
164.	Shubham	B.Sc. V Sem	Discus (M)
165.	Keshav Prashad Yadav	L.L.B I st Sem	Discus (M)
166.	Mohd. Saad	B.Sc. I Sem	Discus (M)
167.	Mohd. Shaa	B.Sc. I Sem	Discus (M)
168.	Shubham Yadav	B.Sc. I Sem	Discus (M)

169.	Saiyad Khalid Ali	B.Sc. I Sem	Discus (M)
170.	Anas Khan	B.Com I st Sem	Discus (M)
171.	Suraj Mishra	L.L.B I st Sem	Discus (M)
172.	Mohd. Soyeb	B.Sc. I st Sem	Discus (M)
173.	Nikhil Singh	L.L.B I st Sem	Discus (M)
174.	Akash Singh	L.L.B I st Sem	Discus (M)
175.	Akhay pratap Singh	B.Sc. I st Sem	Discus (M)
176.	Anubhav Yadav	B.Sc. Ag. Sem	Discus (M)
177.	Ankur Panday		
178.	Jyshank		
179.	Akhand Yadav	B.Sc. V th Sem	Javelin (M)
180.	Shubham	B.Sc. V th Sem	Javelin (M)
181.	Harsh Singh	B.Com V th Sem	Javelin (M)
182.	Akshay Pratap Singh	B.A.III Sem	Javelin (M)
183.	Raj	B.Sc. V th Sem	Javelin (M)
184.	Ankur Panday	B.Sc. Ag. I st Sem	Javelin (M)
185.	Aniruddha Tripathi	B.Sc. V th Sem	Javelin (M)
186.	Prabhat Mishra	B.Sc. V th Sem	Javelin (M)
187.	Akash Kumar	B.A. I st Sem	Javelin (M)
188.	Shreyansh Verma	B.ScIII nd Sem	Javelin (M)
189.	Himanshu Panday	B. Com V th Sem	Javelin (M)
190.	Sachin Kumar	B.A. V th Sem	Javelin (M)
191.	Shuryansh Verma	B. Com III nd Sem	Javelin (M)
192.	Dipanshu Yadav	B.A. I st Sem	Long Jump (M)
193.	Naushad Khan	B.A. I st Sem	Long Jump (M)
194.	Saif Mohammd	B. Com I st Sem	Long Jump (M)
195.	Harish Chandra	B.ScIII nd Sem	Long Jump (M)
196.	Md. Ayan	B.A. I st Sem	Long Jump (M)
197.	Ram Nath Kumar Giri	B.Sc. Ag. V th Sem	Long Jump (M)
198.	Ayush Tripathi	B.ScIII nd Sem	Long Jump (M)
199.	Krishnkant Sharma	B.ScIII nd Sem	Long Jump (M)
200.	Ayush Kumar	B.ComIII nd Sem	Long Jump (M)
201.	Akshay Pratap Singh	B.A.III Sem	Long Jump (M)
202.	Suraj Gupta	B.Sc. Ag. I st Sem	Long Jump (M)
203.	Prem Chandra	B.Sc. Ag. I st Sem	Long Jump (M)
204.	Shivam Verma	B.A. I st Sem	Long Jump (M)
205.	Prashant Maurya	B.A. I st Sem	Long Jump (M)
206.	Utkarsh	B.Sc. Ag. I st Sem	Long Jump (M)
207.	Rishabh Panday	M.Sc. I st Sem	Long Jump (M)
208.	Sarvesh Kumar	B.Ed. I st Sem	Long Jump (M)
209.	Anushuman Shukula	B.Sc. I st Sem	Long Jump (M)
210.	Santosh Kumar Mourya	B.A. III nd Sem	Long Jump (M)
211.	Niranjan kumar	B.Com III nd Sem	Long Jump (M)
212.	Prabhakar Mourya	B.Ed. I st Sem	Long Jump (M)
213.	Abhishek Panday	B.Sc.	Long Jump (M)
214.	Sachin Verma	B.A.VI th Sem	Long Jump (M)

List of Participation of Fit India Movement (Annual Sports)

Teaching Staff (M)

S. No.	Name	Distance	Position
1.	Dr. Ajit Singh	5.97	
2.	Dr. Veerandra Srivastava	5.80	
3.	Dr. Atul	5.97	
4.	Dr. Subhash Chandra	6.35	3 rd
5.	Dr. Sushil	6.40	2 nd
6.	Dr. Awadesh	6.63	1 st
7.	Dr. Anil Yadav	6.16	

Teaching Staff (W)

S. No.	Name	Distance	Position
1.	Divya Dubey	5.30 5.30 5.50	2 nd
2.	Swarnima Singh	4.90 5.80 5.10	
3.	Shivangi Singh	4.20 4.00	
4.	Nikahat	5.00 5.40 5.25	3 rd
5.	Neetu Singh	4.00 3.00	
6.	Namrata Verma	5.10 4.60 5.60	1 st
7.	Navaldehy	5.25	
8.	Deepmala	3.35	4.90
9.	Ankita Singh	3.00 4.15	
10.	Romi Singh	3.90 4.60 4.95	
11.	Archana	3.80 4.60	

Non-Teaching Staff

S. No.	Name	Distance	Position
1.	Mr. Srinath	6.68 6.76	3 rd
2.	Mr. Gauri Shankar	6.32 6.60	
3.	Mr. Vijay Yadav	6.10 6.10	
4.	Mr. Ajeet Yadav	6.06 6.78	2 nd
5.	Mr. Gaurav	6.74 6.86	1 st


(Prof. Praveen Kr. Singh)

(4)

Organization of Inter Collegiate Competition

Sports Council, Dr. R.M.L. Awadh University, Ayodhya allotted two competition that have to be organized by the Institute i.e. Weight Lifting and Power Lifting (M/W). Institute organized Weight Lifting and Power Lifting competition was organized on dated 18-19 October 2023.



Kamla Nehru Institute of Physical & Social Sciences

Sultanpur (U.P.)

(An Autonomous Institute)
Accredited A Grade by "NAAC"

Intercollegiate Weight Lifting / Power Lifting

(M/W) Tournament - 2023

18-19 October, 2023

VENUE : INSTITUTE GYM - K N I P S S, SULTANPUR



कमला नेहरू भौतिक एवं सामाजिक विज्ञान संस्थान, सुलतानपुर -228 118
(क्याम्पस/कॉम्प्लेक्स संस्था)

(विश्वविद्यालय अनुदान आयोग की स्थापित संस्था नैक (NAAC) द्वारा A श्रेणी में मूल्यांकित)

प्रो. प्रवीण कुमार सिंह
विभागाध्यक्ष, शारीरिक शिक्षा

Email:praveensinghkn@gmail.com
:9415968434

पत्रांक: दिनांक: 19.10.2023

अर्न्तमहाविद्यालयीय वेट लिफ्टिंग/पावर लिफ्टिंग (पुरुष/महिला) प्रतियोगिता-2023

आयोजन समारोह (दिनांक 18 एवं 19 अक्टूबर 2023 प्रातः 09:00 बजे)
स्थान- जिमनेजियम (फरीदीपुर कैम्पस स्थित) के.एन.आई.एस.एस.सुलतानपुर

- मुख्य अतिथि श्री/प्रो. आलोक कुमार सिंह, संस्थान प्राचार्य द्वारा संस्थान संस्थापक बाबू श्री के.एन. सिंह की प्रतिमा पर मान्यार्पण।
- मुख्य अतिथि मान्यार्पण प्रो. आलोक कुमार सिंह - प्रो. प्रवीण कुमार सिंह द्वारा
- संस्थान उच्चप्रचार्य प्रो. राधेश्याम सिंह को मान्यार्पण - प्रो. प्रवीण कुमार सिंह द्वारा
- प्रो. विजयेश सिंह - प्रो. प्रवीण कुमार सिंह द्वारा
- पर्यवेक्षक को बेज - एन. डी. विजयेश

1- _____ द्वारा अरविन्द शीरसिया	1. Mrs. Poonam Jishi
2- _____ द्वारा अरविन्द शीरसिया	2. Mr. S. J. Jishi
3- _____ द्वारा _____	3. Mr. Satish Chandra Srivastava
	4. Mr. Vikramaditya

Telen: 04 082222

Result: Power Lifting (M) KMI Champion
Weight Lifting (W) & Campus समामान प्रसारोह
Joint Winner प्रस्कार वितरण

- मुख्य अतिथि श्री/प्रो आलोक कुमार सिंह, प्राचार्य द्वारा खिलाड़ियों को पुरस्कार वितरण
- प्रो. श्रीमती पूनम जोशी (पतिवत्) द्वारा विजेता/उपविजेता टीम के कप्तान KMI & Campus को धैर्यमानसिप शील्ड भेंट करना
- संस्थान प्राचार्य द्वारा पुरस्कार वितरण

1- टीम मैनेजर _____ NIL
2- टीम मैनेजर _____ X
3- पुरस्कार वितरण द्वारा श्री सतीश चन्द्र श्रीवास्तव परिसर

(पर्यवेक्षक/ आयोजन समिति के सदस्य/निर्णायक गण)

1. Mr. Rajesh Kanaujia	2. Mr. Jambhred
3. Mr. Nasirudhun	4. Mohd. Mejid Ali
5. Mr. Arvind Kr. Chauhan	6. Altman Raj
7. Mr. Vikram Singh	
8. Ajit Kr. Yadav	
9. Mr. Ravi Bhatt (Computer Operator)	

माननीय मुख्य अतिथि द्वारा आशीर्षक
10. धन्यवाद प्रकाशन - आयोजन सचिव द्वारा

P= 19.10.23
(प्रो. प्रवीण कुमार सिंह)
आयोजन सचिव

कमला नेहरू भौतिक एवं सामाजिक विज्ञान संस्थान, सुलतानपुर -228 118
(क्याम्पस/कॉम्प्लेक्स संस्था)

(विश्वविद्यालय अनुदान आयोग की स्थापित संस्था नैक (NAAC) द्वारा A श्रेणी में मूल्यांकित)

प्रो. प्रवीण कुमार सिंह
विभागाध्यक्ष, शारीरिक शिक्षा

Email:praveensinghkn@gmail.com
:9415968434

पत्रांक दिनांक: 10.10.2023

सेवा में,
माननीय कुलपति महोदय,
डॉ. रा.म.लो. अक्व विश्वविद्यालय, अयोध्या।

विषय: "डॉ. राम मनोहर लोहिया अक्व विश्वविद्यालय अयोध्या की अर्न्तमहाविद्यालयीय वेट लिफ्टिंग/लिफ्टिंग (पुरुष/महिला) प्रतियोगिता 2023-24 के आयोजन के सम्बन्ध में।

महोदय,
डॉ. राम मनोहर लोहिया अक्व विश्वविद्यालय क्रीडा परिषद द्वारा अर्न्तमहाविद्यालयीय वेट लिफ्टिंग/लिफ्टिंग (पुरुष/महिला) प्रतियोगिता के आयोजन का उत्तरदायित्व हमारे महाविद्यालय को सौंपा गया है।
वेट लिफ्टिंग/पावर लिफ्टिंग (पुरुष/महिला) प्रतियोगिता दिनांक 18 एवं 19 अक्टूबर, 2023 प्रातः 09:00 बजे से संस्थान के फरीदीपुर कैम्पस स्थित जिमनेजियम पर आयोजित की जायेगी। उक्त प्रतियोगिताएं विश्वविद्यालय क्रीडा परिषद द्वारा निर्धारित नियमों के अन्तर्गत सम्पन्न की जायेगी। प्रतियोगिता आवंटित किये जाने हेतु आभार।

सहस्यवाद!

(प्रो. प्रवीण कुमार सिंह)
विभागाध्यक्ष, शारीरिक शिक्षा
मोबा: 9415968434

(प्रो आलोक कुमार सिंह)
प्राचार्य

प्रतिलिपि सेवा में सूचनार्थ प्रेषित-

- कुलसचिव महोदय, डॉ. रा.म.लो. अक्व विश्वविद्यालय, अयोध्या।
- वित्त अधिकारी महोदय, डॉ. रा.म.लो. अक्व विश्वविद्यालय, अयोध्या।
- अध्यक्ष क्रीडा परिषद, डॉ. रा.म.लो. अक्व विश्वविद्यालय, अयोध्या।
- सचिव क्रीडा परिषद, डॉ. रा.म.लो. अक्व विश्वविद्यालय, अयोध्या।
- ब्यूरो चीफ, दैनिक जागरण/हिन्दुस्तान/अमर उजाला, सुलतानपुर।

(प्रो. प्रवीण कुमार सिंह)
विभागाध्यक्ष, शारीरिक शिक्षा

(प्रो आलोक कुमार सिंह)
प्राचार्य

Result of Competition: Power Lifting (M)

Date: 18-19 Oct 2023

S. No	Weight category	Name of the Player	College	Position
1	59kg	Moh. Nawaz's	Dev Indrawati	I
		Haniketh Mungga	KNIPSS	II
		Abhay Singh	Campus	III
2	66kg	Ramanuj Yadav	Phool Pati Devi P.G. College	I
		Rohan Kumar	Dev Indrawati	II
		Rishi Rathod	KNIP	III
3	74kg	Arya Singh	Campus	I
		Rohan Kumar Srinath	Maulini Nagar	II
		Ayush Prabhakar	KNIP	III
4	83kg	Akash Kumar	KNIPSS	I
		Prabhakar Singh	Campus	II
		Hans Singh	KNIP	III
5	93kg	Raja	SNV Savitri	I
		Rajiv Rajapathi	Campus	II
		Yash Pandey	Kiran P.H. College	III
6	105kg	Aakash Yadav	KNIPSS	I
		Ashutosh Singh	KNIPSS	II
		Arpit Singh	Ganpat Sahai	III
7	120kg	Devencha Pratap Singh	Vishwanath P.H. College Kailan	I
		Ramanuj Yadav	Phool Pati Devi	II
		Rishi Rathod	KNIP	III
8	66kg & Above	Neeharaj	Shankar P.H. College	III

Observer: Sakshi

[Signature]

Observer: P2

Result of Competition: Power Lifting (W)

Date: 18-19 Oct 2023

S. No	Weight category	Name of the Player	College	Position
1	47kg	Reeti Kanaujia	Campus	I
		Tahmeem Zahra	KNIP	II
2	52kg	Kajal Yadav	Maa Phool Pati Devi P.G. College	I
		Khushi Kanaujia	KNIP	II
3	57kg	Aastha Singh	Campus	I
		Katyan Campus	Campus	I
4	69kg	Preeti Sharma	G.S.P.G. College, Sln	I
		Garima Singh	Campus	I
5	78kg			
6	84kg			
7	84kg & Above			

Observer: Sakshi

[Signature]

Observer: P2

Result of Competition: Weight Lifting (M)

Date: 18-19 Oct 2023

S. No	Weight category	Name of the Player	College	Position
1	55kg	Moh. Nawaz's	Dev Indrawati	I
2	61kg	Ramanuj	Phool Pati Devi P.H. College	I
		Neeharaj	Sri Shankar P.H. College	II
		Upendra Mungga	Bhishan Sahai	III
3	67kg	Krishna Kumar Yadav	Jai Shakti Devi P.H. College	I
4	73kg	Shorya Kumar	Vishwanath P.H. College Kailan	I
5	81kg	Abhinav Chauhan	Thakurdevan Pathak Sln	I
6	89kg	Dheeraj Kumar	Vishwanath Kailan	I
7	96kg	Aman Yadav	Ram Baran P.H. Sulltan	I
8	102kg			
9	109kg	Devencha Pratap Singh	V.N. - Kailan	I
10	109kg & over			

Observer: Sakshi

[Signature]

Observer: P2

Result of Competition: Weight Lifting (W)

Date: 18-19 Oct 2023

S. No	Weight category	Name of the Player	College	Position
1	49kg	Kajal Yadav	M Phool Pati Devi P.G. College	I
		Sivadha Shukla	Campus	II
2	55kg	Munika Yadav	KNIPSS Sulltanpur	III
		Khushi Kanaujia	KNIP	I
		Khushi Yadav	KNIP	II
3	59kg	Aastha Singh	Campus	I
4	45kg & 64kg	Sandhya Yadav	Sarge P.G. College	I
		Amila	"	II
		Rishi Kanaujia	Campus	III
5	76kg	Preeti Sharma	G.S.P.G. College Sln	I
6	87kg			
7	87kg & over	Shivangi Singh	Ram Baran Mcha. Sulltanpur	I

Observer: Sakshi

[Signature]

Observer: P2



List of Participants for Intercollegiate Power/Weight Lifting Competition: 2023-24

Nos. of Participants: 48

S. No.	Name of the Student/Player	Name of the College
1.	Mohd Nawazis	Dev Indrawati P.G. College Katehari Ambedkar Nagar
2.	Abhay Singh	Dr. RMLA University Ayodhya
3.	Arya Singh	Dr. RMLA University Ayodhya
4.	Rohan Kumar Srivastava	N.N. PG College, Nawabganj, Gonda
5.	Prabhat Singh	Dr. RMLA University Ayodhya
6.	Raja	Shiv Savitri PG College Rudauli
7.	Raju Prajapati	Dr. RMLA University Ayodhya
8.	Yash Pandey	Kisan PG College Behraich
9.	Arpit Singh	Ganpat Sahay PG College Sultanpur
10.	Devendra Pratap Singh	V.P.S. College Kalan, Ambedkarnagar
11.	Ramanuj Yadav	Maa Phool Pati Devi College
12.	Neeraj	Shiv Sankar PG College
13.	Reeta Kanaujiya	Dr. RMLA University Ayodhya
14.	Kajal Yadav	Maa Phool Pati Devi College
15.	Aashta Singh	Dr. RMLA University Ayodhya
16.	Kalyani	Dr. RMLA University Ayodhya
17.	Priti Sharma	Ganpat Sahay PG College Sultanpur
18.	Garima Singh	Dr. RMLA University Ayodhya
19.	Mohd Nawazis	Dev Indrawati P.G. College Katehari Ambedkar Nagar
20.	Ramanuj Yadav	Maa Phool Pati Devi College
21.	Neeraj	Shiv Sankar PG College
22.	Upendra Maurya	Bihari Lal College, Ambedkarnagar
23.	Krishna Kumar Yadav	Thakur Deen Pathak College, Ambedkarnagar
24.	Shaurya Kumar	V.P.S. PG College, Kalan
25.	Abhinav Chauhan	Thakur Deen Pathak College, Ambedkarnagar
26.	Dheeraj Kumar	V.P.S. PG College, Kalan
27.	Aman Yadav	Ram Baran PG. College Sultanpur
28.	Devendra Prajapati	V.P.S. PG College, Kalan
29.	Kajal Yadav	Maa Phool Pati Devi College
30.	Sandhya Yadav	Saryu PG College, Ayodhya
31.	Priti Sharma	Ganpat Sahay PG College Sultanpur
32.	Shivangi Singh	Ram Baran PG. College Sultanpur
33.	Rishabh Tiwari	KNIPSS Sultanpur
34.	Harsh Singh	KNIPSS Sultanpur
35.	Ayush Singh	KNIPSS Sultanpur
36.	Adarsh Yadav	KNIPSS Sultanpur
37.	Ayush Prabhat Chaurasiya	KNIPSS Sultanpur
38.	Prince Rathore	KNIPSS Sultanpur
39.	Akash Kumar	KNIPSS Sultanpur
40.	Amit Kumar	KNIPSS Sultanpur
41.	Harikesh Maurya	KNIPSS Sultanpur
42.	Muskan Yadav	KNIPSS Sultanpur
43.	Khushi Yadav	KNIPSS Sultanpur
44.	Tahmeen Jara	KNIPSS Sultanpur
45.	Khushi Kanaujiya	KNIPSS Sultanpur
46.	Mohd. Ayan	KNIPSS Sultanpur
47.	Apoorva Singh	KNIPSS Sultanpur
48.	Ashutosh Singh	KNIPSS Sultanpur


(Prof. Praveen Kr. Singh)



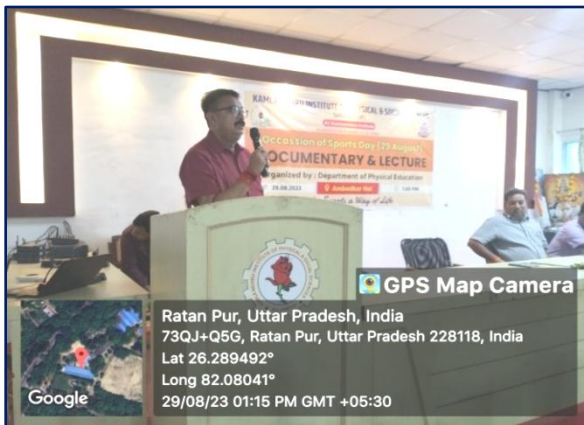
Ratan Pur, Uttar Pradesh, India
730J+6G9, Faizabad - Sultanpur Rd, Ratan Pur, Uttar Pradesh
228118, India
29/08/23 01:12 PM GMT +05:30
700 m 95 m



Ratan Pur, Uttar Pradesh, India
730J+6G9, Faizabad - Sultanpur Rd, Ratan Pur, Uttar Pradesh
228118, India
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Ratan Pur, Uttar Pradesh, India
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228118, India
29/08/23 01:13 PM GMT +05:30
700 m 95 m



Ratan Pur, Uttar Pradesh, India
730J+Q5G, Ratan Pur, Uttar Pradesh 228118, India
Lat 26.289492°
Long 82.08041°
29/08/23 01:15 PM GMT +05:30



Ratan Pur, Uttar Pradesh, India
Department of Environmental Sciences, 730J+Q5G, Ratan Pur, Uttar Pradesh 228118, India
Lat 26.289411°
Long 82.080477°
29/08/23 01:13 PM GMT +05:30

के एन आई में मनाया गया राष्ट्रीय खेल दिवस

सुलतानपुर किरण

सुलतानपुर (कमला नेहरू शैक्षिक एवं सामाजिक विज्ञान संस्थान सुलतानपुर) में राष्ट्रीय खेल दिवस मनाया गया। इस अवसर पर विद्यार्थियों को हॉकी के जादूगर कहे जाने वाले मेजर ध्यानचंद जी के जीवन पर एक डॉक्यूमेंट्री फिल्म दिखाई गई। कार्यक्रम शुभारंभ पर शारीरिक शिक्षा विभागाध्यक्ष प्रो. प्रवीण कुमार सिंह ने बताया कि डॉक्यूमेंट्री मूवी को दिखाने का उद्देश्य यह है कि विद्यार्थियों को पता लगे कि कैसे एक खिलाड़ी एवं उसका राष्ट्र सफलता पाने के लिए प्रयास एवं संघर्ष करता है। साथ-साथ खेलों के जरिए राष्ट्रीय एकीकरण की भावना का कैसे विकास होता है इसकी अभिवृत्ति भी बच्चों को हो सके। कार्यक्रम की शुरुआत संस्थान प्राचार्य प्रोफेसर आलोक कुमार सिंह द्वारा मेजर ध्यान चंद की प्रतिमा पर श्रद्धा सुमन अर्पण के साथ किया गया। साथ ही साथ इनके द्वारा संस्थान संस्थापक बाबू के.एन.ए. सिंह की प्रतिमा पर भी मातृार्पण किया गया। प्राचार्य ने समस्त छात्र एवं छात्राओं/शिक्षकों व शिक्षित कर्मचारियों को राष्ट्रीय खेल दिवस की बधाई देते हुए कहा कि

यदि हम खेलों को अपने जीवन का अभिन्न अंग मान कर चलेंगे तो निश्चित रूप से हमारी फिजिकल फिटनेस तो सुझेगी ही साथ में तनाव से भी हम कभी ग्रस्त नहीं होंगे। आज इन्होंने विश्व एथलेटिक्स चैंपियनशिप 2023 में जेवलिन श्रे में स्वर्ण पदक प्राप्त करने वाले नीरज चोपड़ा को भी बधाई एवं शुभकामनाएं प्रेषित की। राष्ट्रीय खेल दिवस पर उप प्राचार्य प्रो. राधे श्याम सिंह ने कहा कि आजकल खेलों का दायरा सीमित नहीं रहा। खेल से भविष्य में रोजगार के साथ ही साथ यश एवं सम्मान भी है। अक्सर विश्वविद्यालय महाविद्यालय शिक्षक संघ अध्यक्ष ने सभी छात्र एवं छात्राओं को रोजगारों के जीवन में प्रतिदिन कम से कम एक घण्टा समय खेल को देने के लिए सलाह दी व बताया कि छात्र जीवन में शारीरिक एवं मानसिक सन्तुलन अति आवश्यक है। जो खेल द्वारा मिलना सहज है। इस अवसर पर संस्थान के उप प्राचार्य प्रोफेसर राधेश्याम सिंह, शारीरिक शिक्षा विभागाध्यक्ष एवं आई.ए.एस.ओ. के निदेशक प्रो. प्रवीण कुमार सिंह, प्रो. प्रतिमा सिंह, डॉ. पवन रावत, मीडिया प्रमारी डॉ. आर पी मिश्रा, डॉ. अंकुश

सुलतानपुर किरण

हिन्दी दैनिक समाचारपत्र
त्रिभुज प्रकाशन के लिए मुद्रक एवं प्रकाशक अशोक कुमार सिंह द्वारा आफसेट प्रिन्टर्स 1238 ए सिविल लाइन्स सुलतानपुर से मुद्रित तथा प्रकाशित।
सम्पादक
अशोक कुमार सिंह,
आर.एन.आई.ए. संख्या-5664 / 83,
दूरभाष -05362-202023,
मो.नं. 9450215248,
Email :-
sultanpurkiran@gmail.com
समस्त विद्यार्थी का न्यायक्षेत्र सुलतानपुर मान्य होगा।



GPS Map Camera
Ratan Pur, Uttar Pradesh, India
Department of Environmental Sciences, 73QJ+Q5G, Ratan Pur, Uttar Pradesh 228118, India
Lat 26.289439°
Long 82.080468°
29/08/23 01:29 PM GMT +05:30



GPS Map Camera
Ratan Pur, Uttar Pradesh, India
73QJ+Q5G, Ratan Pur, Uttar Pradesh 228118, India
Lat 26.289526°
Long 82.08036°
29/08/23 01:12 PM GMT +05:30



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Department of Environmental Sciences, 73QJ+Q5G, Ratan Pur, Uttar Pradesh 228118, India
Lat 26.289349°
Long 82.080553°
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GPS Map Camera
Ratan Pur, Uttar Pradesh, India
73QJ+Q5G, Ratan Pur, Uttar Pradesh 228118, India
Lat 26.289526°
Long 82.08036°
29/08/23 01:13 PM GMT +05:30



GPS Map Camera
Ratan Pur, Uttar Pradesh, India
73QJ+Q5G, Ratan Pur, Uttar Pradesh 228118, India
Lat 26.289483°
Long 82.080415°
29/08/23 01:13 PM GMT +05:30



GPS Map Camera
Ratan Pur, Uttar Pradesh, India
73QJ+Q5G, Ratan Pur, Uttar Pradesh 228118, India
Lat 26.28953°
Long 82.08042°
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GPS Map Camera
Ratan Pur, Uttar Pradesh, India
73QJ+Q5G, Ratan Pur, Uttar Pradesh 228118, India
Lat 26.289527°
Long 82.080367°
29/08/23 01:13 PM GMT +05:30

Participation List of Documentary

Nos. of Participants: 86

Sl. No.	Name of the Participants	College
1.	SHREYA VISHWAKARMA	KNIPSS, Sultanpur
2.	FIZA HASHMI	KNIPSS, Sultanpur
3.	MOHAMMED ARIF	KNIPSS, Sultanpur
4.	RUCHI SEN	KNIPSS, Sultanpur
5.	SARIKA YADAV	KNIPSS, Sultanpur
6.	NIRBHAY SINGH	KNIPSS, Sultanpur
7.	PRACHI	KNIPSS, Sultanpur
8.	ZAINAB BANO	KNIPSS, Sultanpur
9.	SAMIYA BANO	KNIPSS, Sultanpur
10.	MISBA MIRZA	KNIPSS, Sultanpur
11.	SHAGUFTA ANJUM	KNIPSS, Sultanpur
12.	SABEEHA ANEES	KNIPSS, Sultanpur
13.	CHANDNI BANO	KNIPSS, Sultanpur
14.	ZAINAB BANO	KNIPSS, Sultanpur
15.	MUSARRAF MIRZA	KNIPSS, Sultanpur
16.	RUCHI KANAUIYA	KNIPSS, Sultanpur
17.	SHUBHAM YADAV	KNIPSS, Sultanpur
18.	AMAN	KNIPSS, Sultanpur
19.	MANSI JAISWAL	KNIPSS, Sultanpur
20.	SHUBHAM	KNIPSS, Sultanpur
21.	SHRADDHA CHAUDHARY	KNIPSS, Sultanpur
22.	PRINCE KUMAR GAUTAM	KNIPSS, Sultanpur
23.	MOHD ZAKIR	KNIPSS, Sultanpur
24.	ANUPRIYA	KNIPSS, Sultanpur
25.	ASTHA DUBEY	KNIPSS, Sultanpur
26.	ANURAG PATEL	KNIPSS, Sultanpur
27.	PANKAJ MAURYA	KNIPSS, Sultanpur
28.	PINKI YADAV	KNIPSS, Sultanpur
29.	SHIVIKA	KNIPSS, Sultanpur
30.	JYOTI VERMA	KNIPSS, Sultanpur
31.	KHUSHI TIWARI	KNIPSS, Sultanpur
32.	PIYUSH GUPTA	KNIPSS, Sultanpur
33.	MANSI SINGH	KNIPSS, Sultanpur
34.	VISHAL GUPTA	KNIPSS, Sultanpur
35.	ADITI AGRAHARI	KNIPSS, Sultanpur
36.	SAKSHI GUPTA	KNIPSS, Sultanpur
37.	SHUBHAM	KNIPSS, Sultanpur
38.	SEJAL SINGH	KNIPSS, Sultanpur
39.	UTKARSH TIWARI	KNIPSS, Sultanpur
40.	DEEPIKA BHARTI	KNIPSS, Sultanpur
41.	MANDVI SINGH	KNIPSS, Sultanpur
42.	SANSKAR GOSWAMI	KNIPSS, Sultanpur
43.	ANSHU VERMA	KNIPSS, Sultanpur
44.	HARSHITA VERMA	KNIPSS, Sultanpur
45.	SONAL	KNIPSS, Sultanpur
46.	KHUSHI SHRIVASTAV	KNIPSS, Sultanpur
47.	RINKI	KNIPSS, Sultanpur
48.	KAHKASHA JABEE	KNIPSS, Sultanpur
49.	RITURAJ TIWARI	KNIPSS, Sultanpur
50.	PRASHANT YADAV	KNIPSS, Sultanpur
51.	ABHISHEK YADAV	KNIPSS, Sultanpur

52.	SIMRAN	KNIPSS, Sultanpur
53.	MONIKA	KNIPSS, Sultanpur
54.	SOUMYA MAURYA	KNIPSS, Sultanpur
55.	KHUSHBOO SONI	KNIPSS, Sultanpur
56.	SWATI YADAV	KNIPSS, Sultanpur
57.	PREETI	KNIPSS, Sultanpur
58.	SOHIT	KNIPSS, Sultanpur
59.	SHIVAM	KNIPSS, Sultanpur
60.	AMIT KUMAR	KNIPSS, Sultanpur
61.	SURAJ GUPTA	KNIPSS, Sultanpur
62.	ANTIMA YADAV	KNIPSS, Sultanpur
63.	SACHIN	KNIPSS, Sultanpur
64.	MONI	KNIPSS, Sultanpur
65.	ANCHAL PANDEY	KNIPSS, Sultanpur
66.	DANISH AHMAD	KNIPSS, Sultanpur
67.	ANCHAL SINGH	KNIPSS, Sultanpur
68.	PRAVEEN KUMAR	KNIPSS, Sultanpur
69.	SHIKHA MAURYA	KNIPSS, Sultanpur
70.	ALFAIZ ALAM	KNIPSS, Sultanpur
71.	DEVANSH SHARMA	KNIPSS, Sultanpur
72.	NEHA GUPTA	KNIPSS, Sultanpur
73.	SUBHI MODANWAL	KNIPSS, Sultanpur
74.	MUSKAN	KNIPSS, Sultanpur
75.	SHASHANK RAO	KNIPSS, Sultanpur
76.	RADHA YADAV	KNIPSS, Sultanpur
77.	NAND KISHORE SINGH	KNIPSS, Sultanpur
78.	ADITYA MAURYA	KNIPSS, Sultanpur
79.	AKHILESH KUMAR	KNIPSS, Sultanpur
80.	UMMAY ZOYA	KNIPSS, Sultanpur
81.	NASREEN BANO	KNIPSS, Sultanpur
82.	SUBASH YADAV	KNIPSS, Sultanpur
83.	SHIVAM KUMAR	KNIPSS, Sultanpur
84.	SHABNOOR BANO	KNIPSS, Sultanpur
85.	ANSHIKA PANDEY	KNIPSS, Sultanpur
86.	ADITYA YADAV	KNIPSS, Sultanpur


 (Prof. Praveen Kr. Singh)

Conditioning Programme



(6)

Life Skills Programme: Yoga & Fitness

18-24 September 2024

Institute established a Recreational centre for various activities in relation to Yoga & Fitness



केएनआई के खिलाड़ियों ने अंतर्महाविद्यालयीय योग प्रतियोगिता में जीत का परचम लहराया

सुल्तानपुर ब्यूरो (राहुल सिंह,
कंट्रोल इंडिया)

सुल्तानपुर। कमला नेहरू संस्थान सुल्तानपुर के पुरुष व महिला योग खिलाड़ियों ने अन्तर्महाविद्यालयीय योग प्रतियोगिता में अपना परचम लहराया दोनों वर्गों के खिलाड़ी इस योग प्रतियोगिता में विजेता घोषित हुए इस प्रतियोगिता में कमला नेहरू संस्थान के पुरुष वर्ग ने फाइनल राउण्ड में विश्वनाथ पी जी कॉलेज कलान व महिला वर्ग ने सन्त तुलसीदास पी जी कॉलेज कादीपुर के खिलाड़ियों को शिकस्त दी। शारीरिक शिक्षा विभागाध्यक्ष प्रो प्रवीण कुमार सिंह ने बताया कि डॉ.राम मनोहर लोहिया अवध विश्वविद्यालय क्रीडा परिषद द्वारा अन्तर्महाविद्यालयीय योग प्रतियोगिता के आयोजन का उत्तरदायित्व



संत तुलसी दास पी जी कॉलेज कादीपुर सुल्तानपुर को सौंपा गया। प्रतियोगिता में कमला नेहरू भौतिक एवं सामाजिक विज्ञान संस्थान सुल्तानपुर की

12 सदस्यीय टीम (पुरुष/महिला) ने प्रतिभाग किया एवं सर्वाधिक अंक प्राप्त कर विजेता घोषित हुई। विगत वर्ष भी संस्थान की टीम चैंपियन हुई।



**Participants List: Yoga Camp
2023-24**

**Nos. of Participants: 50
18-24 September 2024**

Sl. No.	Name	Institute
1.	Anurag Dubey	KNIPSS, Sultanpur
2.	Ritik Singh	KNIPSS, Sultanpur
3.	Harshit Mishra	KNIPSS, Sultanpur
4.	Ankit Kumar	KNIPSS, Sultanpur
5.	Sweta Bauddha	KNIPSS, Sultanpur
6.	Niharika Singh	KNIPSS, Sultanpur
7.	Khushi Baranwal	KNIPSS, Sultanpur
8.	Roshani Tiwari	KNIPSS, Sultanpur
9.	Manoj Nishad	KNIPSS, Sultanpur
10.	Adarsh Verma	KNIPSS, Sultanpur
11.	Sushant Pandey	KNIPSS, Sultanpur
12.	Shiva Bharti	KNIPSS, Sultanpur
13.	Devesh Upadhyay	KNIPSS, Sultanpur
14.	Jayendra Singh	KNIPSS, Sultanpur
15.	Tejasvini Kumari	KNIPSS, Sultanpur
16.	Anshu Verma	KNIPSS, Sultanpur
17.	Anchal Singh	KNIPSS, Sultanpur
18.	Khushi Gupta	KNIPSS, Sultanpur
19.	Sanju Mishra	KNIPSS, Sultanpur
20.	Komal Pandey	KNIPSS, Sultanpur
21.	Anshika Singh	KNIPSS, Sultanpur
22.	Dhruvi	KNIPSS, Sultanpur
23.	Kashish Pandey	KNIPSS, Sultanpur
24.	Akanksha Gupta	KNIPSS, Sultanpur
25.	Suruchi Sudarshan	KNIPSS, Sultanpur
26.	Ankita Baranwal	KNIPSS, Sultanpur
27.	Shruti Mishra	KNIPSS, Sultanpur
28.	Deeksha Yadav	KNIPSS, Sultanpur
29.	Sarika Singh	KNIPSS, Sultanpur
30.	Khushi Yadav	KNIPSS, Sultanpur
31.	Muskan Yadav	KNIPSS, Sultanpur
32.	Shivam Singh	KNIPSS, Sultanpur
33.	Adarsh Singh	KNIPSS, Sultanpur
34.	Nikhil Pannu	KNIPSS, Sultanpur
35.	Arpit Singh	KNIPSS, Sultanpur
36.	Sachin Kumar	KNIPSS, Sultanpur
37.	Sumit Agrahari	KNIPSS, Sultanpur
38.	Divyansh	KNIPSS, Sultanpur
39.	Ankuar Pandey	KNIPSS, Sultanpur
40.	Jugesh Giri	KNIPSS, Sultanpur
41.	Pawan Kumar Pandey	KNIPSS, Sultanpur
42.	Yuvraj Singh	KNIPSS, Sultanpur
43.	Aman Deep	KNIPSS, Sultanpur
44.	Anurag Kumar Pal	KNIPSS, Sultanpur
45.	Sachin Verma	KNIPSS, Sultanpur
46.	Ankita Baranwal	KNIPSS, Sultanpur
47.	Vaibhav Krishna Srivastava	KNIPSS, Sultanpur
48.	Mohd. Reyan	KNIPSS, Sultanpur

49.	Kunvar Anubhav Vikram Singh	KNIPSS, Sultanpur
50.	Aryan Pandey	KNIPSS, Sultanpur


 (Prof. Praveen Kr. Singh)

Indigenous Games



(7)

International Yoga Day

(8)

Number of sports activities/competitions organized at the Institute level along with Nos. of participants

Institute also planned different programmes like yoga, exercises etc. for gaining physical fitness not only in students of the Institute but community as a whole.

Session	Sports							Total Programme Organised	
	Dr. RMLA, University		Institute Inter Faculty Competition		Annual Sports		Others Programme		Nos. of Participants
	Inter Collegiate Competition	Nos. of Participants	Chess, Cricket Football, Volleyball	Nos. of Participants	Athletics (15 Events of Run/ Jump/Throw), Tug of war, Musical Chair, Shot Put for Staff	Nos. of Participants			
2018-19	Dr. RMLA University Intercollegiate Taekwondo Competition	51	Institute Inter Faculty Cricket Competition	80	Institute Annual Sports	280	Lalitotsav (Cultural Programme of the Institute)	258	06
	Dr. RMLA University Intercollegiate Football Competition	111	Institute Inter Faculty Football Competition	64					
2019-20	Dr. RMLA University Intercollegiate Taekwondo Competition	56	Institute Inter Faculty Cricket Competition	96	Institute Annual Sports	435	Fit India Movement	225	08
	Dr. RMLA University Intercollegiate Weight Lifting & Power Lifting	20	Institute Inter Faculty Football Competition	80			Yoga Awareness Programme	35	
							Lalitotsav (Cultural Programme of the Institute)	48	
2020-21	NIL		NIL		NIL		Fit India Movement Freedom Run 29	750	06

							August-07 September Awareness among youth towards fitness		
							Rehabilitation and yogic practices to old aged people 01 September -02 September 20	10	
							On line Yoga session (Workshop) for Teachers & students On 21 June 2021	90	
							02 programme On line live session Marshal art/ self defence programme for girls from 17 th Oct. -25 th Oct.20	622	
							PEFILIVE2.0 Role of fitness towards effective teaching on dated 30 August 20	90	
2021-22	Dr. RMLA University Intercollegiate Weight Lifting & Power Lifting	21	Cricket (M) Volleyball (M/W)	75	Institute Annual Sports	240	Fit India Movement	1164	08
							International Yoga Day 21 June 2022	900	
							Azadi Ka Amrit Mahotsav	15	
2022-23	Dr. RMLA University Intercollegiate Weight Lifting, Power Lifting	47	Nil		Institute Annual Sports	338	Sports Week-07 Programmes		15
							1. Documentary	100	
							2. Cricket Match	32	
							3. Cricket Match (07A Side)	14	
							4. Conditioning Programme	16	
							5. Lecture by Prof. Vijay Chahal, DDU University,	116	

						Gorakhpur		
						6. Volleyball Competition	25	
						7. Chess Competition	15	
	Dr. RMLA University Intercollegiate Volleyball (W)	33				8. Life Skills Programme: Yoga 01 Nov. 2022 to 31 st Jan. 2023	50	
						9. International Yoga Day 21 June 2023	5023	
						10. Lalitotsav (Cultural Programme of the Institute)	94	
						11. Srijan	44	
2023-24	Dr. RMLA University Intercollegiate Weight Lifting, Power Lifting 18-19 October 2023	48	Nil	Institute Annual Sports 22-23 November 2023	214	Sports Week- 29 Aug. to 30 September 2023	86	04
						Life Skill Programme (Yoga & Fitness) 18-24 September 2023	50	


 (Prof. Praveen Kr. Singh)